



HEALTH CARE SERVICES FOR INDIANA COUNTY RESIDENTS

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300 Indian Springs Road, Suite 203, Indiana, PA 15701

724-349-0500 Ext. 3 or TDD: 724-465-3805 or info32@comcast.net

www.humanservices-countyofindiana.org ** all area codes are 724 unless otherwise noted

Effective:
January
2013

accessABILITIES, INC.

PH: 465-6042 www.accessabilities.org

• In-home services available to all aged citizens with *all types of disabilities*: personal care assistance, physical, occupational, speech, vision and hearing therapies, educational services, a homemaker service, assistance with home modification and community education, family respite and support, information/referral, advocacy, and access to assistive technology

ADAGIO HEALTH

www.adagiohealth.org

• **Complete Gynecological Care:** PH: 349-2022

birthcontrol, annual exams, STI (sexually transmitted infection) testing and treatment, colposcopies, cryosurgery and male exams

• **Prenatal Services:** PH: 349-2022

Pregnancy testing, prenatal care, OB services

• **The Gladney Center for Adoption:** PH: 412-638-6210

Domestic Infant Adoption, Birth Parent Counseling-services free to birth parents

• **Cancer Screening:** PH: 349-2022

Clinical breast exams, Breast self exam education, mammograms and pap tests-may be provided free to those who qualify, or low cost (age 40+; under 40 as directed); male cancer screening exams

• **WIC (Women, Infants, Children):** PH: 1-866-942-2778 for current WIC

participants; 1-800-942-9467 for program information

No cost-food vouchers, nutrition education & health care referrals for pregnant women and children under the age of 5.

• **AGING SERVICES, INC.** PH: 349-4500 or 1-800-442-8016

www.aging-services-inc.com

• Caregivers listing, benefits counseling, transportation, respite care, home support services, caregiver support program, health promotion program, waiver services, personal care services

• **AIDS COALITION OF SOUTHWESTERN PA** PH: 412-363-1022 or

www.swpapc.org

• **ALZHEIMERS ASSOCIATION, GREATER PA CHAPTER** PH: 1-412-261-5040 or 1-800-272-3900 www.alz.org

• 24/7 Telephone Helpline for caregivers, Safe Return ID program, education programs, support groups, disease information

• **AMERICAN CANCER SOCIETY** PH: 1-800-227-2345 (national)

• Information resources, various cancer education services, support programs

• 24/7 hour cancer information or visit the website at www.cancer.org

• Road to Recovery -provides rides to cancer patients going to and from their treatment; Free

• **AMERICAN DIABETES ASSOCIATION, PITTSBURGH OFFICE** www.diabetes.org

PH: 1-888-342-2383 or 412-824-1181

• Educational information, public speaking, public education programs, advocacy, and children's camp

• **AMERICAN HEART ASSOCIATION** PH: 412-208-3550

www.americanheart.org

• Informational brochures and professional and public education programs, CPR classes, grassroots advocacy program.

• **AMERICAN KIDNEY FUND** PH: 1-800-638-8299 www.kidneyfund.org

• Financial aid for some medication, transportation, emergency fund for validated treatment and services, disaster relief for kidney patients, educational brochures

• **AMERICAN LUNG ASSOCIATION IN PA** www.lunginfo.org

PH: 933-6180 or 1-800-LUNG-USA (586-4872)

• Asthma, tobacco, environmental and other lung health information and programs, children's asthma camp, smoking cessation

• **AMERICAN PARKINSON'S DISEASE ASSOCIATION, I&R Center**

PH: 1-412-441-4100 www.apdaparkinson.org

• Educational information, referral to support programs, support phone line, public speaking, and referrals to movement disorder specialists

• **ARIN INTERMEDIATE UNIT 28 / EARLY INTERVENTION SERVICES**

PH: 463-5300 www.iu28.org

• Screening and services for children (3-5 years) with special needs

• **ARTHRITIS FOUNDATION**

PH: 1-800-522-9900

www.arthritis.org

• Physician referral list, exercise services, information brochures, aquatic therapy, educational programs

• **ASSISTANCE OFFICE** PH: 357-2900 or 1-800-742-0679

• Medical coverage for Long Term Care, pregnant women, children, adults, aged, disabled, and families, medicare premium assistance

AUDIOLOGISTS

PH: Consult Your Local Listings

• Children's hearing and speech screening

BIRTHRIGHT

PH: 463-9118 or Emergency: 1-800-550-4900

• Pregnancy testing, support center

CONEMAUGH REGIONAL HOSPICE

PH: 1-814-534-6100 or 1-888-553-5503

• In-home services for the terminally ill including medical, spiritual, psychological, and social services, and bereavement care.

CYSTIC FIBROSIS, W. PA CHAPTER

PH: 1-412-321-4422 or 1-800-562-5395

www.cff.org

• Pharmacy program (subsidiary of Cystic Fibrosis Foundation) - 1-800-541-4959

DENTAL CARE FOR SENIORS, PA

PH: 1-717-234-5941 www.padental.org

• Reduced cost dental care to eligible senior citizens

• Must call to get more information Aging Services, Inc. - 349-4500

DENTISTRY FROM THE HEART

www.dentistryfromtheheart.org

• Free dental care to adults 18+ who need it; Dentists across the country host their own events one time per year, serving a minimal number of people. The event provides free extractions, fillings and cleanings.

DEPARTMENT OF HEALTH, PA

PH: 357-2995

• HIV counseling and testing; Tuberculosis Clinic; all childhood immunizations; limited adult immunization; and communicable diseases investigations

• **DONATED DENTAL SERVICES** PH: 1-800-716-8721 (toll free)

• Free or low cost dental care for senior citizens and people with physical, medical, and/or mental disabilities, with a limited income; must meet eligibility requirements (not have access to any other dental plans or 3rd party reimbursements)

DRUG & ALCOHOL SERVICES / A-I-C Drug & Alcohol Commission

PH: 354-2746 www.aidac.org

• Screening, assessment, case coordination, recovery support and referral services for drug and alcohol addiction. Drug and Alcohol prevention and intervention services provided. Tobacco prevention and cessation programs available

EMPOWER3 CENTER FOR HEALTH

1-800-925-0611

Provides low-cost medical care and health insurance program for the "working poor". The program encourages participants to come in for primary medical care as frequently as they feel is necessary-without making co-payments and without the hassle of insurance forms. The program is also an incentive to draw more people into service as volunteer firefighters.

• **EPILEPSY FOUNDATION WESTERN/CENTRAL PA** www.efwp.org

PH: Pittsburgh 1-800-361-5885 or 1-412-322-5880 or Johnstown 1-814-262-7494

• Emergency prescription program, information/referral, children's camp, patient education, resource lending library, support, advocacy, education, seizure recognition and first aid training.

• **EyeCare AMERICA** www.eyecareamerica.org (On-Line Referral Center)

• **SENIORS EyeCare PROGRAM**

(previously listed as National Eye Care Project for Seniors)

• Medical exam and 1 year of follow-up treatment (age 65+) for eye disease or other related conditions, eligible if no access to eye care/unable to afford eye care (not an eyeglass program) or have not seen an ophthalmologist in 3+ years

• **DIABETES EyeCare PROGRAM**

• **GLAUCOMA EyeCare PROGRAM**

• **AMD (Macular Degeneration) Eye Care Program**

• **FAMILY HOSPICE: A Service of Visiting Nurse Association**

PH: 463-8711

• Medical, spiritual, psychological, and social services for the terminally ill; bereavement and nursing services; in home respite; home health aides; medical social workers; volunteers provide respite and support

• **HEALTH INSURANCE FOR UNINSURED CHILDREN/PA CHIP**

PH: 1-800-986-KIDS (5437)

• **CHIP:** Free or affordable medical coverage for uninsured children (birth to age 19)

HEALTHY LUNGS PA

PH: 1-800-220-1990

www.healthylungs.org

Children's asthma camp, informational/educational materials, cold weather masks, manual for coping with lung disease, smoking cessation

HEAR NOW PH: 1-800-328-8602 www.starkeyhearingfoundation.org
* Assist in obtaining hearing aids and cochlear implants; serves families with very limited financial resources

HOME HEALTH CARE SERVICES:

* Services may include: nursing, therapy, home health aides, nutrition counseling, maternal/pediatric care, IV Therapy, medical social services, mental health services, hospice, Tele-monitoring, etc.

Please contact each agency to find out specific services offered.

- **ANEW HOME HEALTH AGENCY** 465-9224
- **ASERA CARE HOSPICE** 1-866-921-1710
- **BAYADA PEDIATRICS/BAYADA Home Health Care** 459-0000
- **CARING HEART HOME HEALTH** 479-3992
- **CONEMAUGH HOME HEALTH AGENCY** 1-814-534-7500
- **DUBOIS REGIONAL MEDICAL CENTER HOME HEALTH AND HOSPICE SERVICES** 1-814-375-3300
- **EXCELA HEALTH HOME CARE AND HOSPICE** 689-1800 OR 1-800-427-1400
- **HELPMATES, INC.** 1-855-357-4122
- **HERITAGE HOME HEALTH AGENCY** 465-0440
- **HOME CARE ADVANTAGE** 465-5863
- **HOME NURSING AGENCY** 254-3500 or 1-800-445-6262
- **INTERIM HEALTHCARE OF WESTERN PA** 1-814-375-9615 OR 1-800-321-9615
- **MEDI HOME HEALTH AGENCY** 459-0696
- **VISITING NURSE ASSOCIATION OF INDIANA COUNTY** 463-6340
- **PUNXSUTAWNEY HOME HEALTH CARE** 1-814-938-2431

HOME WATCH CAREGIVERS PH: 422-2328 or 1-814-262-9273
* Provides personal care, senior sitting, nurse visit, social programs

ICCAP PRESCRIPTION ASSISTANCE PROGRAM PH: 465-2657
* Provides Indiana County residents (with no prescription drug coverage and those who can't afford prescriptions) with information about prescription discount programs; assists in completing applications for prescription assistance programs for eligible individuals

INDIANA COUNTY DEPARTMENT OF HUMAN SERVICES / MATP
PH: 463-3235, extension 5 or 1-888-526-6060
● Transportation reimbursements for Medical Assistance participants; bus tickets for medical appointments

INDIGO / INDIANA COUNTY TRANSIT AUTHORITY
PH: 465-2140 or 1-800-442-6928 www.indigobus.com
* Transportation (for a fee) to Pittsburgh for medical appointments
* Persons with Disabilities Program-Provides reduced fare shared ride service to persons with a disability, ages 18-64; call for eligibility requirements

INDIANA REGIONAL MEDICAL CENTER: Institute For Healthy Living
PH: 357-8088
* Provides programs that address healthy lifestyles, living with diseases such as heart disease, diabetes, arthritis, and cancer.

INDIANA REGIONAL MEDICAL CENTER: OB GYN Care Center PH: 357-8198
Gynecological care/prenatal and parenting classes/adoption & nutrition services/STD testing & treatment/diabetes screening & care

IUP SPEECH, LANGUAGE AND HEARING CLINIC PH: 357-2451
* Hearing evaluations, speech & language evaluations and therapy for adults & children.

KIDNEY FOUNDATION OF THE ALLEGHENIES PH: 1-800-261-4115
www.kidneyall.org
* Crisis intervention funds, nutritional supplements, transportation, medical alert jewelry for kidney patients; support groups for dialysis and kidney transplant patients

LEUKEMIA AND LYMPHOMA SOCIETY www.lls.org
PH: 1-800-726-2873 or 1-412-395-2873
* Financial assistance for prescriptions, transportation; literature available, patient aid (up to \$150)

LIFESTEPS PH: 349-1122 www.lifesteps.net
● CHILD CHECK: free developmental screenings, birth to 5 and autism screenings 18 months to 3 years
* Family Care Mobile Library-see website for schedule
* Pediatric Independent Evaluations

LOVE'EM WITH A CHECKUP www.health.state.pa.us
* Information/referral for medical exams for low-income mothers-to-be and children, and help to get prenatal care
* MOMS/BABY: 1-800-986-2229 *KIDS: 1-800-986-5437

LUPUS FOUNDATION OF PENNSYLVANIA PH: 1-800-800-5776
www.lupuspa.org
* Education, awareness, support and research for those affected by LUPUS; services include community & phone support groups, awareness and education programs, literature list and newsletter.

MENTAL HEALTH /INTELLECTUAL/DEVELOPMENTAL DISABILITIES SERVICES

Armstrong-Indiana Behavioral and Developmental Health Program

PH: 349-3350 or 548-3451

MUSCULAR DYSTROPHY ASSOCIATION (MDA) PH: 1-412-823-3094
www.mdausa.org

* MDA clinical visits and follow-up; transportation to MDA clinics; summer camp (6-18 years); financial assistance for wheelchair purchase and leg braces; covers 43 neuromuscular diseases

MULTIPLE SCLEROSIS SOCIETY, NATIONAL, Western PA Chapter

PH: 1-800-344-4867

Duncansville Office: 814-696-1017

www.nationalmssociety.org/pax

* Sponsors self-help groups; provides medical equipment assistance; information/referral; educational programs; and sponsors aquatic, equestrian, and respite care programs

MYASTHENIA GRAVIS ASSOCIATION OF WPA

PH: 1-412-566-1545

www.mgawpa.org

* On-site Treatment Center; social service program; education / outreach service

OPTOMETRY'S CHARITY™ - The AOA (American Optometric Association)

● **InfantSEE** PH: 1-888-396-3937

www.infantsee.com

A public health program designed to ensure that eye and vision care becomes an integral part of infant wellness care. AOA Optometrists provide a comprehensive eye and vision assessment for infants within the first year of life regardless of a family's income or access to insurance coverage

● **VISION USA** PH: 1-800-766-4466

www.otometryscharity.org

Free eye exam for all ages; no vision care insurance; income guidelines; no eye exam in last 24 months. PA state contact – David English, OD at 724-778-3937

PACE/PACenet/PACE PLUS Medicare PH: 1-800-225-7223

* Prescription drug program for the elderly; age 65 or older and meet eligibility requirements

➢ Aging Services, Inc. – will help with application forms

PH: 349-4500 or 1-800-442-8016

PARTNERSHIP FOR PRESCRIPTION ASSISTANCE

PH: 1-888-477-2669

www.pparx.org

* Free or reduced cost prescriptions – eligibility and application over phone or online

PENNSYLVANIA ASSOCIATION FOR THE BLIND, INDIANA COUNTY PH: 397-4054

Casework, education, preschool and adult vision screening

PENNSYLVANIA ELKS HOME SERVICE PROGRAMS

814-781-7860

Provides in-home medical care coordination services. Provide information regarding resources and services available. Assess needs and help to access equipment. Offer instruction regarding home care. Provide emotional support, referrals to appropriate agencies in the community. Interpret clinical findings and act as a liaison between health care providers.

PRIMARY HEALTH NETWORK/INDIANA DENTAL CENTER

PH: 465-6100

Various dental services for all ages. Medical assistance and all other insurances accepted

SHRINER'S HOSPITAL

PH: 1-814-875-8700 or 1-800-873-KIDS (5437)

www.shrinershospitalsforchildren.org

* Free transportation to hospital by local temple, for surgery and medical care; children (birth to 18) with orthopedic problems. No charge for services

SICKLE CELL DISEASE ASSOCIATION OF AMERICA

PH: 1-800-421-8453

www.sicklecelldisease.org

* Disease screening through member organizations, referral, counseling, free or low cost educational materials

SPINA BIFIDA ASSOCIATION OF WPA

PH: 1-800-243-5787

www.sbawp.org

* Summer Camp & Weekend Retreat programs-offering respite and other services
* Family-School Partnership Program-offering assistance & advocacy to families of children with special needs
* Adult Community Services-providing support to adults residing in their own homes
* Educational/Informational program

VA MEDICAL CENTER, JAMES E. VAN ZANDT

1-877-626-2500

Acute Care program, Behavioral Health program, Diagnostic Services, Emergency Care, Long Term Care program, Pharmacy, Social Services, Specialty Care program, Women's Health program, Health Care for Homeless Veterans (HCHV), Health Care for Homeless Veterans Substance Use Disorder, etc. for Veterans

VNA EXTENDED HOME CARE (affiliate of Visiting Nurse Association of Indiana County)

PH: 463-1102

* In-home care and services with an emphasis on personal care assistance and home management (nursing, personal care, companionship, homemaker/housekeeper, respite, etc.)

VOCATIONAL REHABILITATION, OFFICE OF

www.dli.state.pa.us (click on "disability services" under quick links)

PH: 1-800-762-4223 or TTY: 1-866-862-6891

* Medical and psychological diagnostic examinations for individuals with disabilities to verify eligibility for employment