

HEALTH CARE SERVICES FOR INDIANA COUNTY RESIDENTS

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** all area codes are 724 unless otherwise noted www.humanservices-countyofindiana.org

Effective: June 2012

accessABILITIES, INC.

PH: 465-6042 www.accessabilities.org In-home services available to all aged citizens with all types of disabilities: personal care assistance, physical, occupational, speech, vision and hearing therapies, educational services, a homemaker service, assistance with home modification and community education, family respite and support, information/referral, advocacy, and access to assistive technology

ADAGIO HEALTH

www.adagiohealth.org Complete Gynecological Care: PH: 349-2022

birthcontrol, annual exams, STI (sexually transmitted infection) testing and treatment, colposcopies, cryosurgery and male exams

Prenatal Services: PH: 349-2022

Pregnancy testing, prenatal care, OB services

The Gladney Center for Adoption: PH: 412-638-6210

Domestic Infant Adoption, Birth Parent Counseling-services free to birth parents

Cancer Screening: PH: 349-2022

Clinical breast exams, Breast self exam education, mammograms and pap tests-may be provided free to those who qualify, or low cost (age 40+; under 40 as directed); male cancer screening exams

WIC (Women, Infants, Children): PH: 1-866-942-2778 for current WIC participants; 1-800-942-9467 for program information

No cost-food vouchers, nutrition education & health care referrals for pregnant women and children under the age of 5.

AGING SERVICES, INC. PH: 349-4500 or 1-800-442-8016

www.agingservicesinc.com

* Caregivers listing, benefits counseling, transportation, respite care, home support services, caregiver support program, health promotion program, waiver services, personal care services

AIDS COALITION OF SOUTHWESTERN PA PH: 412-363-1022 or www.swpapc.org

ALZHEIMERS ASSOCIATION, GREATER PA CHAPTER PH: 1-412-261-5040 or 1-800-272-3900 www.alz.org

24/7 Telephone Helpline for caregivers, Safe Return ID program, education programs, support groups, disease information

AMERICAN CANCER SOCIETY PH: 1-800-227-2345 (national)

Information resources, various cancer education services, support programs

₱ 24/7 hour cancer information or visit the website at www.cancer.org

Road to Recovery – provides rides to cancer patients going to and from their treatment: Free

AMERICAN DIABETES ASSOCIATION, PITTSBURGH OFFICE www.diabetes.org PH: 1-888-342-2383 or 412-824-1181

Educational information, public speaking, public education programs, advocacy, and children's camp

AMERICAN HEART ASSOCIATION PH: 837-5468 www.americanheart.org Informational brochures and professional and public education programs, CPR classes, grassroots advocacy program.

AMERICAN KIDNEY FUND PH: 1-800-638-8299 www.kidneyfund.org Financial aid for some medication, transportation, emergency fund for validated treatment and services, disaster relief for kidney patients, educational brochures

AMERICAN LUNG ASSOCIATION IN PA www.lunginfo.org

PH: 933-6180 or 1-800-LUNG-USA (586-4872)

Asthma, tobacco, environmental and other lung health information and programs, children's asthma camp, smoking cessation

AMERICAN PARKINSON'S DISEASE ASSOCIATION, I&R Center

PH: 1-412-441-4100 www.apdaparkinson.org Educational information, referral to support programs, support phone line.

public speaking, and referrals to movement disorder specialists

ARIN INTERMEDIATE UNIT 28 / EARLY INTERVENTION SERVICES

PH: 463-5300 www.iu28.org Screening and services for children (3-5 years) with special needs

LARGE PRINT AVAILABLE ON REQUEST

ARTHRITIS FOUNDATION PH: 1-800-522-9900 www.arthritis.org Physician referral list, exercise services, information brochures, aquatic therapy, educational programs

ASSISTANCE OFFICE PH: 357-2900 or 1-800-742-0679

Medical coverage for Long Term Care, pregnant women, children, adults, aged, disabled, and families, medicare premium assistance

AUDIOLOGISTS PH: Consult Your Local Listings Children's hearing and speech screenings

BIRTHRIGHT PH: 463-9118 or Emergency: 1-800-550-4900 Pregnancy testing, support center

CONEMAUGH REGIONAL HOSPICE PH: 1-814-534-6100 or 1-888-553-5503 # In-home services for the terminally ill including medical, spiritual, psychological, and social services, and bereavement care.

CYSTIC FIBROSIS, W. PA CHAPTER PH: 1-412-321-4422 or 1-800-562-5395 www.cff.org

Pharmacy program (subsidiary of Cystic Fibrosis Foundation) – 1-800-541-4959

PH: 1-717-234-5941 www.padental.org **DENTAL CARE FOR SENIORS, PA** Reduced cost dental care to eligible senior citizens

Must call to get more information Aging Services, Inc. – 349-4500

DENTISTRY FROM THE HEART

www.dentistryfromtheheart.org

• Free dental care to adults 18+ who need it; Dentists across the country host their own events one time per year, serving a minimal number of people. The event provides free extractions, fillings and cleanings.

DEPARTMENT OF HEALTH. PA

PH: 357-2995 # HIV counseling and testing; Sexually Transmitted Disease (STD) clinics; Tuberculosis Clinic; all childhood immunizations; limited adult immunization; and communicable diseases investigations

DONATED DENTAL SERVICES PH: 1-800-716-8721 (toll free)

Free or low cost dental care for senior citizens and people with physical, medical, and/or mental disabilities, with a limited income; must meet eligibility requirements (not have access to any other dental plans or 3rd party reimbursements)

DRUG & ALCOHOL SERVICES / A-I-C Drug & Alcohol Commission

PH: 354-2746 www.aidac.org

* Screening, assessment, case coordination, recovery support and referral services for drug and alcohol addiction. Drug and Alcohol prevention and intervention services provided. Tobacco prevention and cessation programs available

EPILEPSY FOUNDATION WESTERN/CENTRAL PA www.efwp.org

PH: Pittsburgh 1-800-361-5885 or 1-412-322-5880 or Johnstown 1-814-262-7494 Emergency prescription program, information/referral, children's camp, patient education, resource lending library, support, advocacy, education, seizure recognition and first aid training,

EyeCare AMERICA

www.eyecareamerica.org (On-Line Referral Center) * SENIORS EyeCare PROGRAM

(previously listed as National Eye Care Project for Seniors)

Medical exam and 1 year of follow-up treatment (age 65+) for eye disease or other related conditions, eligible if no access to eye care/unable to afford eye care (not an eyeglass program) or have not seen an ophthalmologist in 3+ years

- * DIABETES EyeCare PROGRAM
- # GLAUCOMA EyeCare PROGRAM * AMD (Macular Degeneration) Eye Care Program

FAMILY HOSPICE: A Service of Visiting Nurse Association PH: 463-8711

Medical, spiritual, psychological, and social services for the terminally ill; bereavement and nursing services; in home respite; home health aides; medical social workers; volunteers provide respite and support

HEALTH INSURANCE FOR UNINSURED CHILDREN/PA CHIP

PH: 1-800-986-KIDS (5437)

CHIP: Free or affordable medical coverage for uninsured children (birth to age 19)

PH: 1-800-220-1990 Healthy Lungs PA

www.healthylungs.org Children's asthma camp, informational/educational materials, cold weather masks, manual for coping with lung disease, smoking cessation

HEAR NOW PH: 1-800-328-8602 www.starkeyhearingfoundation.org Assist in obtaining hearing aids and cochlear implants; serves families with very limited financial resources

HOME HEALTH CARE SERVICES:

Services may include: nursing, therapy, home health aides, nutrition counseling, maternal/pediatric care, IV Therapy, medical social services, mental health services, hospice, Tele-monitoring, etc.

Please contact each agency to find out specific services offered.

- ANEW HOME HEALTH AGENCY 465-9224 ASERA CARE HOSPICE 1-866-921-1710
- BAYADA PEDIATRICS/BAYADA Home Health Care
- 459-0000

• CARING HEART HOME HEALTH 479-3992

- **CONEMAUGH HOME HEALTH AGENCY** 1-814-534-7500 DUBOIS REGIONAL MEDICAL CENTER HOME HEALTH AND HOSPICE
- SERVICES 1-814-375-3300 • EXCELA HEALTH HOME CARE AND HOSPICE 689-1800 OR 1-800-427-1400
- HERITAGE HOME HEALTH AGENCY 465-0440 465-5863
- HOME CARE ADVANTAGE
- HOME NURSING AGENCY 254-3500 or 1-800-445-6262 • INTERIM HEALTHCARE OF WESTERN PA 1-814-375-9615 OR
- 1-800-321-9615 * MEDI HOME HEALTH AGENCY 459-0696
- * VISITING NURSE ASSOCIATION OF INDIANA COUNTY 463-6340
- * PUNXSUTAWNEY HOME HEALTH CARE 1-814-938-2431

HOME WATCH CAREGIVERS

PH: 422-2328 or 1-814-262-9273 Provides personal care, senior sitting, nurse visit, social programs

ICCAP PRESCRIPTION ASSISTANCE PROGRAM PH: 465-2657

Provides Indiana County residents (with no prescription drug coverage and those who can't afford prescriptions) with information about prescription discount programs; assists in completing applications for prescription assistance programs for eligible individuals

INDIANA COUNTY DEPARTMENT OF HUMAN SERVICES / MATP

PH: 463-3235, extension 5 or 1-888-526-6060

 Transportation reimbursements for Medical Assistance participants; bus tickets for medical appointments

INDIGO / INDIANA COUNTY TRANSIT AUTHORITY

- PH: 465-2140 or 1-800-442-6928
- Transportation (for a fee) to Pittsburgh for medical appointments
- * Persons with Disabilities Program-Provides reduced fare shared ride service to persons with a disability, ages 18-64; call for eligibility requirements

www.indigobus.com

INDIANA REGIONAL MEDICAL CENTER: Institute For Healthy Living

PH: 357-8088

Provides programs that address healthy lifestyles, living with diseases such as heart disease, diabetes, arthritis, and cancer.

INDIANA REGIONAL MEDICAL CENTER: OB GYN Care Center PH: 357-8198 Gynecological care/prenatal and parenting classes/adoption & nutrition services/STD testing & treatment/diabetes screening & care

IUP SPEECH, LANGUAGE AND HEARING CLINIC PH: 357-2451

Hearing evaluations, speech & language evaluations and therapy for adults & children.

KIDNEY FOUNDATION OF THE ALLEGHENIES PH: 1-800-261-4115 www.kidneyall.org

Crisis intervention funds, nutritional supplements, transportation, medical alert jewelry for kidney patients; support groups for dialysis and kidney transplant patients

LEUKEMIA AND LYMPHOMA SOCIETY www.lls.org

PH: 1-800-726-2873 or 1-412-395-2873

Financial assistance for prescriptions, transportation; literature available, patient aid (up to \$150)

PH: 349-1122 www.lifesteps.net LIFESTEPS

CHILD CHECK: free developmental screenings, birth to 5 and autism screenings 18 months to 3 years

Family Care Mobile Library-see website for schedule

Pediatric Independent Evaluations

LOVE'EM WITH A CHECKUP www.health.state.pa.us

Information/referral for medical exams for low-income mothers-to-be and children, and help to get prenatal care *MOMS/BABY: 1-800-986-2229

*KIDS: 1-800-986-5437

LUPUS FOUNDATION OF PENNSYLVANIA www.lupuspa.org

Education, awareness, support and research for those affected by LUPUS; services include community & phone support groups, awareness and education programs, literature list and newsletter.

MENTAL HEALTH /INTELLECTUAL/DEVELOPMENTAL DISABILITIES SERVICES Armstrong-Indiana Behavioral and Developmental Heatlh Program PH: 349-3350 or 548-3451

MUSCULAR DYSTROPHY ASSOCIATION (MDA) PH: 1-412-823-3094 www.mdausa.org

MDA clinical visits and follow-up; transportation to MDA clinics; summer camp (6-18) years); financial assistance for wheelchair purchase and leg braces; covers 43 neuromuscular diseases

MULITPLE SCLEROSIS SOCIETY, NATIONAL, Western PA Chapter

PH: 1-800-344-4867 Duncansville Office: 814-696-1017

www.nationalmssociety.org/pax

Sponsors self-help groups; provides medical equipment assistance; information/referral; educational programs; and sponsors aquatic, equestrian, and respite care programs

MYASTHENIA GRAVIS ASSOCIATION OF WPA PH: 1-412-566-1545 www.mgawpa.org

On-site Treatment Center; social service program; education / outreach service

OPTOMETRY'S CHARITY™ - The AOA (American Optometric Association)

PH: 1-888-396-3937 InfantSEE www.infantsee.com A public health program designed to ensure that eye and vision care becomes an integral part of infant wellness care. AOA Optometrists provide a comprehensive eye and vision assessment for infants within the first year of life regardless of a family's income or access to insurance coverage www.otometryscharity.org

VISION USA PH: 1-800-766-4466

Free eye exam for all ages; no vision care insurance; income guidelines; no eye exam in last 24 months. PA state contact - David English, OD at 724-778-3937

PACE/PACEnet/PACE PLUS Medicare PH: 1-800-225-7223

Prescription drug program for the elderly; age 65 or older and meet eligibility requirements

Aging Services, Inc. - will help with application forms \mathbf{b} PH: 349-4500 or 1-800-442-8016

PARTNERSHIP FOR PRESCRIPTION ASSISTANCE PH: 1-888-477-2669 www.pparx.org

Free or reduced cost prescriptions - eligibility and application over phone or online

PENNSYLVANIA ASSOCIATION FOR THE BLIND, INDIANA COUNTY PH: 397-4054 Casework, education, preschool and adult vision screening

PRIMARY HEALTH NETWORK/INDIANA DENTAL CENTER PH: 465-6100 Various dental services for all ages. Medical assistance and all other insurances accepted

SHRINER'S HOSPITAL PH: 1-814-875-8700 or 1-800-873-KIDS (5437) www.shrinershospitalsforchildren.org

Free transportation to hospital by local temple, for surgery and medical care; children (birth to 18) with orthopedic problems. No charge for services

SICKLE CELL DISEASE ASSOCIATION OF AMERICA PH: 1-800-421-8453 www.sicklecelldisease.org

Disease screening through member organizations, referral, counseling, free or low cost educational materials

PH: 1-800-243-5787

SPINA BIFIDA ASSOCIATION OF WPA www.sbawp.org

Summer Camp & Weekend Retreat programs-offering respite and other services Family-School Partnership Program-offering assistance & advocacy to families of

- children with special needs
- Adult Community Services-providing support to adults residing in their own homes Educational/Informational program

VNA EXTENDED HOME CARE (affiliate of Visiting Nurse Association of Indiana County) PH: 463-1102

In-home care and services with an emphasis on personal care assistance and home management (nursing, personal care, companionship, homemaker/housekeeper, respite, etc.)

VOCATIONAL REHABILITATION, OFFICE OF www.dli.state.pa.us (click on "disability services" under quick links)

PH: 1-800-762-4223 or TTY: 1-866-862-6891

Medical and psychological diagnostic examinations for individuals with disabilities to verify eligibility for employment