

## RECREATION / SOCIALIZATION

### ● **Big Hearts Little Hands Mentoring Program**

PH: 724-463-9622

Motivating our youth to embrace themselves and recognize their greatness within through establishing friendships and mentoring between adult and child; provides social/cultural/emotional/academic support for children ages 5-17 from economically/socially disadvantaged environments throughout Indiana County; Membership is free

### ● **Blairsville Public Library** - [www.b-ssd.org/BPLib/](http://www.b-ssd.org/BPLib/)

PH: 724-459-6077

Children's books, audiobooks, story hour, Summer Reading Program, free public use of computers with internet access, free access to downloadable music, DVD movies and interlibrary loan; Free to Blairsville Borough residents; \$10 non-residents

### ● **Boy Scouts/Laurel Highlands Council** - [www.lhc-bsa.org](http://www.lhc-bsa.org)

PH: 814-471-1090

♦Group activities for boys and girls, grades K-5; for boys, grades 6-12; Venturing and Explorer groups for boys and girls ages 14-20; Camp Seph Mack; \$33 registration fee for 12 months; pro-rated when joining.

### ● **Burrell Township Library** - [www.burrelltownshiplibrary.org](http://www.burrelltownshiplibrary.org)

PH: 724-248-7122

♦Story Times for pre-school & elementary aged children; holiday parties; special events; summer reading program, children's books, audio books, DVD movies; Inter library loan; free public access computers with internet access; Programs free and open to the public; Membership to the library to check out books is free to Burrell Township residents and \$5 for non resident individuals or \$9 per family \*\*\*TEMPORARILY CLOSED/Looking for new site. Watch website for updated info

### ● **Camp Orenda**

Camp for children 12+ with physical disabilities; fee; camper ships available

PH: 724-541-5458

### ● **Chevy Chase Center**

Summer Youth Activity Program, After School Program

PH: 724-463-067

### ● **Evergreen Boys & Girls Clubs** - [www.EvergreenBGC.org](http://www.EvergreenBGC.org)

PH: 724-910-1323

After-school and summer programming for youth in Indiana County; School based programs at Homer-Center (grades 2-12), Penns Manor (grades 4-12), Purchase Line (grades 3-12), United (grades 4-12), Blairsville (grades 2-12, and Saltsburg (grades 2-12) Schools; membership is free

### ● **Girl Scouts Western Pennsylvania** - [www.gswpa.org](http://www.gswpa.org)

PH: 1-800-248-3355

Open to all girls in grades K-12. Girls learn leadership skills to discover, connect, and take action within their community using those skills to make the world a better place. \$25 membership

### ● **Homer Center Public Library** - FaceBook at <https://www.facebook.com/HCPlib/>

PH: 724-541-3381

books and summer programs available

### ● **Indiana Free Library** - [www.indianafreelibrary.org](http://www.indianafreelibrary.org)

(Children's Dept.) PH: 724-465-8841 ext. 6

Extensive collection of children's books, audiobooks, DVD's, and on-line digital services; Variety of free children's programs and family activities throughout the year including summer reading program and literacy events.

### ● **The Salvation Army**

PH: 724-465-2530

Youth programs (ages 6-18); Residential and summer camp programs; scouting programs offered

### ● **Special Olympics, PA** - [www.specialolympicspa.org](http://www.specialolympicspa.org)

Armstrong/Indiana Counties-

PH: 724-763-1521

Provides year-round sports training and athletic competition for all individuals with intellectual disabilities; free; participants must be at least 8 years of age (open to children and adults who may or may not have a physical handicap.)

### ● **Spina Bifida Association of Western PA** - [www.sbawp.org](http://www.sbawp.org)

PH: 1-800-243-5787

Summer camps & weekend retreats for youth and adults with Spina Bifida; Cost: Varies by program

### ● **Woodlands Foundation, Inc.** - [www.mywoodlands.org](http://www.mywoodlands.org)

PH: 724-935-5470

Year-round and age appropriate clubs, day programs, overnight retreats, and overnight summer camps for people ages 6 and over with disabilities and chronic illness. Activities include: golf, music, archery, nature encounters, indoor pool, and adaptive zip-line with care and support from trained staff. Camperships and waiver options available.

### ● **YMCA, Indiana County** - [www.icymca.org](http://www.icymca.org)

PH: 724-463-9622

Provides youth sports, day camp, H.Y.P.E. Mentoring Program, swimming, and youth fitness programs; Program fees vary (financial assistance available)

### ● **4-H Clubs** (Penn State Cooperative Extension) - [www.extension.psu.edu/indiana](http://www.extension.psu.edu/indiana)

PH: 724-465-3880

Provides year-round programs for youth ages 5-18; Activities include: 4-H clubs, day camps and special interest groups; \$30 member educational resource fee, plus some additional charges for certain programs

● For a listing of **Coalition/Councils** that work on issues affecting children in Indiana County, visit [www.humanservices-countyofindiana.org](http://www.humanservices-countyofindiana.org) and click on Information About Human Services in Indiana County and then on Where to Turn for Help. They welcome community members to join their cause.

● For Information on human services **Dial 2-1-1** or go to [www.pa211sw.org](http://www.pa211sw.org).

## Children's Services in Indiana County

Published by Indiana County Department of Human Services

300 Indian Springs Road, Suite 203, Indiana, PA 15701

724-349-0500, ext 3 or TDD 724-465-3805 or [info32@comcast.net](mailto:info32@comcast.net)

LARGE PRINT AVAILABLE UPON REQUEST

[www.humanservices-countyofindiana.org](http://www.humanservices-countyofindiana.org) August 2018-23<sup>rd</sup> Printing

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Human Services Information and Resources Dial 2-1-1

or go to [www.pa211sw.org](http://www.pa211sw.org)



## DRUG AND ALCOHOL SERVICES

### ● **Armstrong-Indiana-Clarion Drug and Alcohol Commission (AICDAC)** -

PH: 724-354-2746

Alcohol, tobacco, other drugs and gambling prevention education and awareness programs available for youth, schools and the community; Programs can be tailored to your needs. Tobacco cessation also available for youth.

### ● **ARIN IU 28** -- [www.iu28.org](http://www.iu28.org)

PH: 724-463-5300

Underage Users Group

### ● **The Open Door/Armstrong-Indiana Crisis** - [www.theopendoor.org](http://www.theopendoor.org)

A Behavioral Health Organization

**Crisis and Suicide Hotline (24/7): 1-877-333-2470** **The Open Door (Mon-Fri 8am-5pm) 724-465-2605**

24 hr crisis hotline and mobile crisis for Armstrong & Indiana Counties, Crisis walk-ins Mon- Fri 8am to 6pm; weekends/holidays 1pm-6pm Alcohol and Other Drug Services: 24 hour pre-screening and scheduling; Outpatient Treatment Services: Assessments, referrals, individual and/or group therapy, as well as family counseling, codependent counseling, court mandated services, Family Education Support Group, school-based therapist, and On-site case managers for those seeking Inpatient treatment.

## CHILD CARE

### ● **Early Learning Resource Center (ELRC)** -

PH: (724) 285-9431 Toll Free: (888) 864-1654

Region 3, based out of Butler County, serves 5 counties including Indiana County. Combines two programs (CCW better known as "CCIS" and Keystone STARS) on a regional level. CCIS helps parent(s) locate day care/may help pay fees; Free parent Resource and Referral Program; Child Care Subsidy Program. Keystone STARS is PA's Quality Rating and Improvement System for certified child care providers. The Center provides families, early learning service providers, and communities with information and access to services that support high-quality child care and early learning programs.

## CLOTHING

### ● **Chevy Chase Center - Clothing Bank**

PH: 724-463-0674

Free clothing

### ● **Christos Clothes Closet**

PH: 724-479-2695

Free; selected Saturdays, 10 am to 12 noon; call church to confirm dates; Homer City United Presbyterian Church, 40 E. Elm Street; use red door behind the Dollar Store;

- **First United Methodist Church of Marion Center Clothing Closet** PH: 724-397-5517  
Marion Center, PA; Open only on Tuesdays from 9:00 am to 12:00 pm; Free
- **Jacksonville Presbyterian Church Clothing Closet** PH: 724-726-8895 or 724-479-8237  
Kent, PA; Last Saturday of the month (weather permitting in February and March); Free
- **Katies Closet** PH: 724-465-5597  
Free; clothing and outerwear; Zion Lutheran Church, corner of Church and 6th Streets, Indiana; Hours: 9:00 am to 11:00 am and 5:00 pm to 7:00 pm; every Monday (not on holidays).
- **Kiwanis Baby Cupboard-** PH: 724-463-7440, ext. 313  
Provides diapers to qualifying families (income lower than 150% of the federal poverty guideline); call for cost; A family can receive 4 packages a month per child; diapers distributed at the ICCAP Food Bank located at 1849 South 6th Street, Indiana. Cash or check is accepted.
- **Life-Way Pregnancy Center** PH: 724-349-5307 or 1-866-549-6636  
Free; clothing/nursery items for children birth to age 5 (as available) for program clients; intake and enrollment required
- **My Best Friend's Closet**  
sponsored by the Saltsburg United Methodist Church; 9:00 am to 12 noon; free, gently used clothing; open the second Saturday of the month, every other month
- **The Salvation Army** PH: 724-465-2530  
Free; Coats for Kids (Sept/Oct) and Treasures for Children (Sept, Oct, & Nov sign-up for Christmas delivery)

#### COUNSELING / SUPPORT

- **Alice Paul House** - [www.alicepaulhouse.org](http://www.alicepaulhouse.org) PH: 724-349-4444 or 1-800-435-7249 (for outside local calling area)  
Children's counseling, support group, medical and legal advocacy for victims of sexual assault or domestic violence; Free
- **The Arc of Indiana County** - [www.arcindiana.org](http://www.arcindiana.org) PH: 724-349-8230  
Information and support for people with developmental delays or other disabilities; Parent Mentor Program – provides information and support to parents of children with any type of disability; Parent Transition Group – a parent, agency and community group meets monthly to discuss how to successfully transition youth/young adults with disabilities from high school to post-secondary education or employment and how they can live in and contribute to their community.
- **Armstrong-Indiana Crisis** PH: 877-333-2470  
Mental Health and Drug & alcohol walk-in (no appointment necessary), telephone crisis intervention and mobile services; Free 24/7 crisis services (any problem/crisis) and mobile services; Referrals and community resource information also provided; Walk- in Mon-Fri, 8 am – 6 pm; 1 pm –6 pm on weekends and holidays.
- **Catholic Charities of the Diocese of Greensburg, PA**- [www.ccharitiesgreensburg.org](http://www.ccharitiesgreensburg.org) PH: 724-463-8806  
♦ Counseling and support for children whose parents are separated or divorced, children of adoption, and those in need of bereavement support; Variable fee scale; accepts a variety of insurance plans  
♦ Foster care services for out of home placements for children referred by county Children and Youth agencies; approves and certifies foster homes
- **CARE Center of Indiana County** - [www.carecenterofindianaco.org](http://www.carecenterofindianaco.org) PH: 724-463-8595  
Nurturing Parent Program-12 week evidence based parenting program offered at no cost to the community. Topics include: brain development, child development, empathy, feelings, stress and discipline. Other services: Supervised Visitation, Monitored Visitations, and Parenting Assessments.
- **Center for Independent Living of South Central PA**- [www.cilscpa.org](http://www.cilscpa.org) Voice/TDD: 814-949-1905 or 1-800-237-9009  
Non-residential program for people with physical or sensory disabilities, peer counseling, advocacy, information & referral;
- **Children & Youth Services** - [www.countyofindiana.org](http://www.countyofindiana.org) PH: 724-465-3895 or 1-888-559-6355;  
after 4:00 p.m. – call **911** for emergency/crisis; Childline: **1-800-932-0313**  
Free services to prevent and resolve problems of neglect, abuse, and exploitation of children
- **Community Guidance Center** - [www.thecgc.com](http://www.thecgc.com) PH: 724-465-5576 or 1-888-686-1991  
♦ Mental Health Services: Offering an array of services to address the behavioral health needs of children and adolescents; Full time Psychiatrist; Services include: Children's and Adolescent Partial Hospitalization, Family Based services, individual and group therapy, and Case Management Services; Sliding fee scale. Accepts most insurances; Walk-in assessments available.  
♦ Intellectual Disability Services: Supports Coordinators assist families with obtaining services needed for their child to help meet basic needs and enhance independence; provided at no cost to individual/family

- **Health Insurance for Children/PA Program (CHIP)** 1-800-986-5437  
Free or low-cost health insurance to uninsured children through CHIP; Children (birth to 19) not enrolled in any other insurance and not eligible for public health insurance are eligible; must meet age, family size and income guidelines  
Cost: None for free programs; Premiums required for low-cost program.
- ♦ **Keystone Health Plan West (Highmark)**- [www.higmarkbcbs.com](http://www.higmarkbcbs.com) PH: 1-800-543-7105
- ♦ **United Healthcare of PA, Inc.** [www.uhccommunityplan.com](http://www.uhccommunityplan.com) PH: 1-800-414-9025
- ♦ **UPMC for You**- [www.upmchealthplan.com/foryou](http://www.upmchealthplan.com/foryou) PH: 1-800-978-8762
- **IUP-Speech, Language, and Hearing Clinic** - [www.iup.edu/special-ed/more/sh-clinic/](http://www.iup.edu/special-ed/more/sh-clinic/) PH: 724-357-2451  
Speech and language evaluations and therapy; Hearing Testing; Sliding fee scale
- **Leukemia and Lymphoma Society** - [www.lls.org](http://www.lls.org) PH: 1-800-955-4572  
Free information on blood cancers including Leukemia, Lymphoma, Hodgkin Lymphoma, Myeloma and MDS; financial aid for those undergoing treatment or ongoing follow-up, educational programs and resources for patients and families
- **Lifesteps** - [www.lifesteps.net](http://www.lifesteps.net) PH: 724-283-1010 or 1-800-225-2010  
Child Check: Developmental screening for children from birth to age 5, including cognitive, personal-social, language, motor, speech and hearing. May also include Autism screening by request for children 18 months – 3 years of age; no cost
- **Muscular Dystrophy Association** - [www.mdaua.org](http://www.mdaua.org) PH: 724-742-1710  
Parent Support; summer camp for children (ages 6-18); equipment, no cost
- **My Choice Medical Clinic**- [PregnantNowWhat.com](http://PregnantNowWhat.com) PH: 1-877-223-7558  
Pregnancy Testing, Options Counseling, Abortion Education, ultrasounds to determine viable pregnancy, STI testing; FREE. 24 hour helpline
- **National Kidney Foundation serving the Alleghenies**. - [www.kidneyall.org](http://www.kidneyall.org) PH: 412-261-4115 or 1-800-261-4115  
Dialysis transportation reimbursement for those who qualify; no cost
- **National Multiple Sclerosis Society** - [www.nationalmssociety.org](http://www.nationalmssociety.org) PH: 814-696-1017  
Education, equipment; no cost
- **Primary Health Network/Indiana Dental Center** PH: 724- 465-6100  
Various dental services for all ages; Medical assistance and all other insurances accepted
- **Spina Bifida Association of Western PA** - [www.sbawp.org](http://www.sbawp.org) PH: 1-800-243-5787  
Family-School partnership consultation; Blue Prints – play groups for toddlers with disabilities; Cost varies – depends on the program

#### LEGAL

- **Laurel Legal Services** PH: 724-349-3340 or 1-800-660-1753  
Emergency child custody cases; Cost: None for service, client must pay court fees and expenses

#### PROTECTIVE SERVICES

- **Children and Youth Services** (see Counseling/Support) [www.countyofindiana.org](http://www.countyofindiana.org)  
Childline – PH: 1-800-932-0313 to report abuse
- **The CARE Center of Indiana County** – [www.carecenterofindianaco.org](http://www.carecenterofindianaco.org) PH: 724-463-8595  
Provides forensic interviews and forensic evaluations for children when there are allegations of sexual and physical abuse; professionals work with the family to help navigate the legal system and to obtain necessary treatment services; focus is justice and healing for victimized children; free

## HEALTH / MEDICAL CARE

### ● **accessAbilities, Inc.** - [www.accessAbilities.org](http://www.accessAbilities.org)

PH: 724-465-6042 or 724-832-8272

◆ First Steps Early Intervention Program: Free services for any child, birth to age 3 with a developmental delay, diagnosis, or who is at risk of a developmental delay. Services may include the following: physical, occupational, speech, vision and nutrition therapy; special instruction, positive behavioral support, language coaching, therapeutic listening, sensory integration, feeding instruction and infant massage. A toy lending library is also available

### ● **Adagio Health Medical Office** - [www.adagiohealth.org](http://www.adagiohealth.org)

PH: 724-349-2022

Family planning services for teens (may be insured or uninsured). Services include birth control; screening and treatment for sexually transmitted diseases; breast and cervical cancer screening; most services are free to ages 17 and under.

### ● **American Cancer Society** - [www.cancer.org](http://www.cancer.org)

PH: 1-800-227-2345

Free information on cancer and patient programs and services.

### ● **American Diabetes Association** - [www.diabetes.org](http://www.diabetes.org)

PH: 1-888-342-2383

Information; Advocacy and Research; Summer Camp Program for children with diabetes

### ● **American Heart Association** - [www.americanheart.org](http://www.americanheart.org)

PH: 412-208-3550

Information about defects and/or heart related problems

### ● **American Lung Association of Pennsylvania** - [www.lunginfo.org](http://www.lunginfo.org)

PH: 412-321-4029 or 1-800-LUNG-USA

Camp and health education opportunities for children and families with asthma; Teens against Tobacco use Programs; information on topics such as asthma, tobacco, lung cancer, flu, radon and air quality issues; Cost: Nominal to none

### ● **BAYADA Pediatrics** - [www.bayada.com](http://www.bayada.com)

PH: 459-0000

Home Health Care services for children, newborn through age 18-21; Nursing services (LPN or RN, as well as home health aides); can provide care in the child's classroom, during transportation to and from school, as well as provide these services in the home during the day and/or overnight. Fee: typically covered by the child's Medicaid

### ● **Behavioral and Developmental Health Program, Armstrong-Indiana (previously MH/MR)** - [www.aibdhp.org](http://www.aibdhp.org)

PH: 724-548-3451 or 724-349-3350

◆ Early intervention Referrals: serving children from birth to three years of age who have or are at risk for developmental delays

◆ Children/Adolescent Behavioral Health Services Referrals: mobile therapy, therapeutic staff support, behavior specialist, residential treatment, community residential rehabilitation, family based, and targeted mobile therapy

◆ CASSP (Child & Adolescent Service System Program): a comprehensive system of care that assists children with behavioral health needs and their families gain access to needed services.

### ● **Breathe Pennsylvania** - [www.breathepa.org](http://www.breathepa.org)

PH: 1-800-220-1990

◆ The School Asthma Initiative offers programs and resources to Early Learning Centers, K-12<sup>th</sup> grade, and beyond to educate school personnel, students, and early learning practitioners about proper asthma management. Smokeless Saturday- Teen tobacco cessation and awareness program for students who have been found with tobacco on school premises.

### ● **Department of Health, PA** - [www.health.state.pa.us](http://www.health.state.pa.us)

PH: 724-357-2995

◆ Clinics – children's immunization, select pt tuberculosis testing;

◆ HIV Clinic testing & counseling, communicable disease investigations; Cost: Free for most.

### ● **PA Elks Home Service Program**, - [www.paelkshomeservice.org](http://www.paelkshomeservice.org) (contact Special Kids Network)

PH: 1-800-986-4550

Provides in-home medical care coordination services, advocacy, and referrals to services. Home visits provided to families with children with developmental disabilities; for children under 21 with special health care needs. Fee: No charge

### ● **Epilepsy Foundation Western / Central PA** - [www.efwp.org](http://www.efwp.org)

PH: 1-800-361-5885 or 814-262-7494 or 412-261-5880

Information & Referral, Summer Camp Program, Emergency Prescription Assistance, Education Programs, High School Scholarships, Resource Library, and Presentations for Schools and Communities; Cost: None, except camp program and some other educational programs. Fees can be waived upon request. Camp scholarships available.

◆ Early Intervention Service Coordination: Services to children, age birth to 3 with developmental delays, or at risk for developmental delays; Coordination of services which may include physical, occupational, speech, hearing, and/or vision therapists and a developmental specialist. Services provided at no cost to families.

### ● **Community Psychiatric Center (C.P.C.)** - [www.cpcwecare.com](http://www.cpcwecare.com)

Ph: 724-850-7200

C.P.C. treats children who are hyperactive, oppositional, depressed, have autism, or other conditions. Services include evaluation, counseling, medication management, in-home wraparound services, an autism unit, and school-based evaluations. C.P.C. has an educational TV program on PCNC and monthly support group. Ages 3-21; accepts all insurances

### ● **Family A.C.T.S., Inc**

1-800-860-4673 or 724-763-7600

Psychological evaluations, treatment, counseling, family therapy, Co-Parenting and Anger Management Classes, etc.; sliding fee scale

### ● **Family Behavioral Resources** - [www.familybehavioralresources.com](http://www.familybehavioralresources.com)

PH: 724-463-3600

◆ Child centered, family focused therapeutic services in client's home and/or community settings. Services are individualized, available for a variety of mental health diagnosis, behavioral concerns, and autism spectrum disorders. Ages 0-21

◆ Outpatient Clinic: 724-465-0369 Psychotherapy for children, adolescents, and adults (families, couples, individuals) in a variety of treatment approaches. Cost: Call for insurance information; self-pay; medical assistance

### ● **Glade Run Lutheran Services**

PH: 724-452-4453, ext. 1621

Family Foster Care: Place and support children, referred by County Children & Youth agencies; Residential Treatment: For children age 6-17, funded by Medical Assistance; Group Homes: For children who are dependent or delinquent, ages 12-17

### ● **Highmark Caring Place/A Center for Grieving Children,**

### **Adolescents, and Their Families** - [www.highmarkcaringfoundation.com](http://www.highmarkcaringfoundation.com)

Two Facilities: Downtown Pittsburgh - 1-888-224-4673, Warrendale - 1-888-734-4073

Free bereavement services, based on peer support. No therapy available.

### ● **Hopeful Hearts/A Service of the VNA/Bereavement Peer Support for Children, Adolescents, and Their Families** - [www.hopefulheartspa.org](http://www.hopefulheartspa.org)

PH: 724-463-6340

Free; child-focused peer support for children (ages 18 and under) and their families who are grieving the death of a significant person in their lives. Evening meetings every 2 weeks; light meal served.

### ● **IUP – Center for Applied Psychology** - [www.iup.edu/psychology/cap/index.html](http://www.iup.edu/psychology/cap/index.html)

PH: 724-357-6228

Psychological treatment for children, couples, families, and individuals, including psychological assessment. Sliding fee scale.

### ● **JusticeWorks YouthCare** - [www.justiceworksyouthcare.com](http://www.justiceworksyouthcare.com)

PH: 724-672-0878

Provides a variety of in-home services to children and families including STOPP (Short-Term Therapeutic Outreach to Prevent Placements), JustCare, Family Group Decision Making, Truancy Remediation, Independent Living Services, Nurturing Parenting Program, Anger Management, Drug Testing, Violation Initiative Program, Supervised visits, and Visit Coaching

### ● **Merakey (formerly NHS Human Services)** - [www.merakey.org](http://www.merakey.org)

PH: 724-349-2451 or 1-888-647-0020

◆ Therapeutic Family Care: Place and support children with a mental health diagnosis that are referred by CYS, MH/MR, JPO, or self-referred by parents; Accepts medical assistance

◆ Life Sharing: Place and support children and individuals with developmental disabilities in community homes

◆ Permanency Services: A Statewide Adoption Network (SWAN) affiliate for Permanency Services and Post Permanency Services

### ● **New Story** - [www.newstory.com](http://www.newstory.com)

PH: 724-463-5390

Serves those with autism; offers behavioral health services; short term interventions; counseling; behavior therapy, mobile therapy, and therapeutic staff support to children and their families; 10-week summer treatment program for children with developmental disabilities; Accepts medical assistance; children birth to age 21



## EDUCATIONAL INFORMATION

- **Adagio Health** - [www.adagiohealth.org](http://www.adagiohealth.org) PH: 724-349-2235  
Center for Adolescent Pregnancy Prevention: Programs on sexual health and life skills to schools and other community agencies to reduce pregnancy, sexually transmitted diseases, and HIV among teens and young adults. CAPP also provides parent and professional education workshops
- **Adelphoi Village Academy in Indiana** - [www.AdelphoiVillage.org](http://www.AdelphoiVillage.org) PH: 724-463-1456  
Treatment and education for dependent and delinquent youth
- **Alice Paul House** - [www.alicepaulhouse.org](http://www.alicepaulhouse.org) PH: 724-349-4444 or 1-800-435-7249 (for outside calling area)  
Domestic violence and sexual assault prevention and education programs for pre-school, elementary, high school and college students; free
- **American Red Cross** - <http://www.redcross.org/take-a-class> PH: 1-800-733-2767  
CPR and First Aid Training, Pediatric First Aid Training, Babysitter's Training, Lifeguard Training, Water Safety; Fees for classes.
- **ARIN Intermediate Unit 28** - [www.iu28.org](http://www.iu28.org) PH: 724-463-5300
  - ♦ Early Intervention for children ages 3-5
  - ♦ ELECT Fatherhood Initiative provides education /information specific to teen dads
  - ♦ Family Focus Program: Home visitation for families with young children (birth to entrance to Kindergarten); Story Time classes for pre-school children (ages 3 to 5) and their parents; Parents as Teachers -Class for parents of young children; Kindergarten Readiness classes. Free
  - ♦ Little Apples Preschool: Preschool for children ages 3-5 for students with special needs as well as typically developing students
  - ♦ Parent-Child Home Program: Home-based literacy and parenting program for families with 2 and 3 year olds that have limited access to educational opportunities; Home visitation-2X weekly for 23 weeks per year for two years.
  - ♦ PPT – Parenting and Pregnant Teen: Support services for pregnant and parenting youth or single parent(s)
  - ♦ Transition: Links school-age special needs students with community services to help the transition from school to adult life
- **Care Center of Indiana County** - [www.carecenterindianaco.org](http://www.carecenterindianaco.org) PH: 724-463-8595  
Nurturing Parent Program- 12 week evidence based parenting program offered at no cost to the community. Topics include: brain development, child development, empathy, feelings, stress and discipline. Other services: Supervised Visitation, Monitored Visitations, and Parenting Assessments.
- **Community Psychiatric Centers (C.P.C.)** PH: 1-877-899-6500  
School-based evaluations to assess for learning disabilities or related educational concerns; For school age; reasonable rates
- **Head Start / Early Head Start, Indiana County** - [www.indianacountyheadstart.org](http://www.indianacountyheadstart.org) PH: 724-349-6200  
Toll free: 1-877-346-3023  
Provides educational, health, nutritional, and social services for children, ages 0-5, from income-eligible families
- **Indiana Regional Medical Center's Family Programs** - [www.indianarmc.org](http://www.indianarmc.org) PH: 724-357-7496
  - ♦ ABC's of Babysitting- 7 hour course for ages 12+ on a variety of childcare skills, including CPR, choking rescue instructions.
  - ♦ Baby Day Camp –prepares children up to age 8 for the arrival of a new baby in the family
- **Indiana University of Pennsylvania (IUP)**
  - ♦ **Child Study Center** - [www.coe.iup.edu/edsp/csc.html](http://www.coe.iup.edu/edsp/csc.html) PH: 724-357-2445  
Psychoeducational evaluation and short term treatment for learning and/or behavioral problems; \$75, can be waived
  - ♦ **The Literacy Center** – <https://www.iup.edu/literacy/> PH: 724-357-2466  
Services: testing, individual tutoring, group reading/writing program for children and adolescents needing assistance; \$50.00
- **Lifesteps Family Care Mobile Library** - [www.lifesteps.net](http://www.lifesteps.net) PH: 724-283-1010 or 1-800-225-2010  
Lending library with special-topic resources traveling to families within a 20-mile radius of Indiana Borough. Complete schedule of visits posted online; free
- **March of Dimes Birth Defects Foundation** - [www.modimes.org](http://www.modimes.org) PH: 1-800-422-2437

- **Merakey (formerly NHS Human Services)** - [www.merakey.org](http://www.merakey.org) PH: 724-349-2451 or 1-888-647-0021  
NHS Autism Schools provide specialized school placements for students with Autism Spectrum Disorders and/or emotional support needs. In the schools-specialized programs such as gender responsive programming for females with emotional disturbance as well as 18-21 year old transition services; schools located outside of Indiana County
- **New Story** - [www.newstory.com](http://www.newstory.com) PH: 724-463-5390  
Private School for children ages 2-21 with autism and related disorders; emotional and behavioral diagnosis
- **The Salvation Army** PH: 724-465-2530  
Ark of Learning: 4-18yrs. 1 on 1 tutoring, 1-3 times/week. SAT course: Mondays during school year; free

## EMPLOYMENT

- **Indiana County Career T.R.A.C.K., Inc.** - [www.careertrack.org](http://www.careertrack.org) PH: 724-471-7220 or 1-888-573-5733  
♦ Hires youth ages 16-21 for temporary summer work, GED assistance; Cost: None; income guidelines & Indiana County resident
- **ICW Vocational Services, Inc.** PH: 724-349-1211 (Workshop) PH: 724-349-4143 (Employment Services)  
Work experience, vocational training, sheltered employment, on-the-job training and placement in the community for persons with disabilities (physical, mental, or developmental). Workshop: 18 years of age or older; Employment Services: 16 years or older; must be Indiana County resident, have a physical or mental disability, be referred by OVR or MH-MR
- **Spina Bifida – Gatehouse** - [www.sbawp.org](http://www.sbawp.org) PH: 877-310-5433 or 1-800-243-5787  
Residential Program: provides life skills education & prevocational evaluation & support to high school grads w/Spina Bifida & related disabilities. \*Referral by OVR\*

## FINANCES

- **Assistance Office, Indiana County (PA Dept. of Human Services)** - [www.compass.state.pa.us](http://www.compass.state.pa.us) PH: 724-357-2900 or 1-800-742-0679  
Cash Assistance, Emergency Housing Assistance, Energy Assistance, Food Stamps, Medical Assistance for dependent children
- **Catholic Charities Helpline** PH: 1-866-409-6455  
Operates 24/7; for basic life necessities/emergency utility/fuel
- **Domestic Relations** - [www.childsupport.state.pa.us](http://www.childsupport.state.pa.us) PH: 724-465-3940  
Processes and enforces applications for child/spouse support; establishes paternity (for client case information only); Filing fees and genetic testing fee
- **Social Security** - [www.socialsecurity.gov](http://www.socialsecurity.gov) PH: 1-877-405-7679 or 1-800-772-1213  
Application for Social Security number; Supplemental Security Income; Social Security for retirement, disability or survivors benefits (include: dependent children)

## FOOD

- **Adagio Health WIC** - [www.adagiohealth.org](http://www.adagiohealth.org) PH: 1-866-942-2778  
Supplemental food and nutrition education program for pregnant, breastfeeding and postpartum women, infants and children up to 5 years of age. Clients must meet income and nutritional need requirements
- **Chevy Chase Center** PH: 724-463-0674  
Summer feeding program; emergency food pantry, soup Kitchen, Community Garden; Free
- **Community Kitchen** PH: 724-397-9498  
Hot meals provided in Christian setting at 3 sites; Dixonville, Clymer, and Penn Run; free; (donations appreciated)
- **Creekside Area Food Pantry,** PH: 724-422-2827  
For residents of Creekside, Ernest, and Washington Township; at Creekside United Methodist Church; available by appointment and on the 2<sup>nd</sup> Thursday of each month from 10:00 am to 12:00 noon
- **Indiana County Community Action Program, Inc.** PH: 724-465-2657  
Food pantries; emergency food packages; Power Pack- food for children over the weekends, distributed in the schools; free
- **The Salvation Army** Food Pantry PH: 724-465-2530