

STOP THE SPREAD OF COVID-19

Follow these guidelines to help keep your friends and family safe

I tested positive for COVID-19.
What do I do?



STAY HOME

Isolate: **stay home and away from others for at least 10 days.** For more information, see the [Isolation and Quarantine Basics sheet](#).

ANSWER THE CALL

Tell people you have been around recently to get tested and stay home. You might save a life. To figure out who to call, see the Isolation and Quarantine Basics sheet.

If you see a number you don't know, it may be the health department. **Talk honestly; your responses will be private.**

Hang up if someone asks for your financial information or social security number.



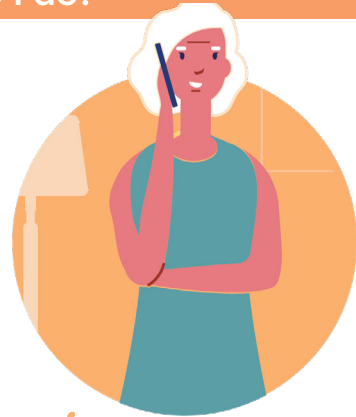
GET CONNECTED

Download the COVID Alert PA app to help keep your friends and family safe. To download, visit the webpage bit.ly/COVIDAlertPA

Call the United Way of Southwestern PA at 2-1-1 if you need help with non-medical needs.



I have been around someone with COVID-19, and I might have it too.
What do I do?



STAY HOME

Quarantine: **stay home for at least 10 days and monitor symptoms for 14 days.** For more information, see the [Isolation and Quarantine Basics sheet](#).

Get tested:

To find a testing site, visit the webpage bit.ly/SWPAtesting

ANSWER THE CALL

If you see a number you don't know, it may be the health department. **Talk honestly; your responses will be private.**

Hang up if someone asks for your financial information or social security number.



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Together, we can stop the spread