



HEALTH CARE SERVICES FOR INDIANA COUNTY RESIDENTS

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300 Indian Springs Road, Suite 203, Indiana, PA 15701

724-349-0500 Ext. 3 or TDD: 724-465-3805 or mpounds@indianacountypa.gov

www.humanservices-countyofindiana.org ** all area codes are 724 unless otherwise noted

Human Services Information and Resources Dial 2-1-1 or go to www.pa211sw.org

DOE TO COVID-19 PANDEMIC, SOME SERVICES MAY BE SUSPENDED. PLEASE CALL TO CONFIRM SERVICES AVAILABLE

Effective

August 2020

accessABILITIES, INC.

PH: 465-6042 www.accessabilities.org

• In-home services available to all aged citizens with *all types of disabilities*: personal care assistance, physical, occupational, speech, vision and hearing therapies, educational services, a homemaker service, assistance with home modification and community education, family respite and support, information/referral, advocacy, and access to assistive technology

ADAGIO HEALTH

www.adagiohealth.org

• **Complete Gynecological Care**: PH: 349-2022
birthcontrol, annual exams, STI (sexually transmitted infection) testing and treatment, colposcopies, cryosurgery and male exams
• **Cancer Screening**: PH: 349-2022
Clinical breast exams, Breast self exam education, mammograms and pap tests-may be provided free to those who qualify, or low cost (age 40+; under 40 as directed); male cancer screening exams
• **Tobacco Prevention, "Smoke Free For Life"**:
cschrecengost@adagiohealth.org ; Virtual Classes; one hour per week for 8 weeks. Quitline- 1-800-Quitnow.
• **WIC (Women, Infants, Children)**: PH: 1-866-942-2778 for current WIC participants; 1-800-215-7494 for program information
No cost-food vouchers, nutrition education & health care referrals for pregnant women and children under the age of 5.

AGING SERVICES, INC.

PH: 349-4500 or 1-800-442-8016

www.aging-services-inc.com

• Apprise: Benefits counseling, caregiver support, home delivered meals, Ombudsman, personal care, protective services, Senior Centers-health promotion

ALZHEIMERS ASSOCIATION, GREATER PA CHAPTER

PH: 1-800-272-3900

www.alz.org

• 24/7 Telephone Helpline for caregivers, Safe Return ID program, education programs, support groups, disease information

AMERICAN CANCER SOCIETY

PH: 1-800-227-2345 (national)

• Information resources, various cancer education services, support programs
• 24/7 hour cancer information or visit the website at www.cancer.org
• Road to Recovery -provides rides to cancer patients going to and from their treatment; Free

AMERICAN DIABETES ASSOCIATION, PITTSBURGH OFFICE

www.diabetes.org

PH: 1-888-342-2383 or 412-824-1181

• Educational information, public speaking, public education programs, advocacy, and children's camp

AMERICAN HEART ASSOCIATION

PH: 412-208-3550 www.heart.org

• Informational brochures and professional and public education programs, CPR classes, grassroots advocacy program.

AMERICAN KIDNEY FUND

PH: 1-866-300-2900 www.kidneyfund.org

• Financial aid for some medication, transportation, emergency fund for validated treatment and services, disaster relief for kidney patients, educational brochures

AMERICAN LUNG ASSOCIATION IN PA

www.lung.org

PH: 1-800-LUNG-USA (586-4872)

• Asthma, tobacco, environmental and other lung health information and programs, children's asthma camp, smoking cessation

AMERICAN PARKINSON'S DISEASE ASSOCIATION, I&R Center

PH: 1-717-531-0003, ext 283797 www.apdaparkinson.org

• Educational information, referral to support programs, support phone line, public speaking, and referrals to movement disorder specialists

ARIN INTERMEDIATE UNIT 28 / EARLY INTERVENTION SERVICES

PH: 463-5300, ext 1222

www.iu28.org

• Screening and services for children (3-5 years) with special needs

ARTHRITIS FOUNDATION

PH: National Helpline: 1-844-571-4357 or

412-566-1645 or 1-800-283-7800

www.arthritis.org

• Physician referral list, exercise services, information brochures, aquatic therapy, educational programs

ASSISTANCE OFFICE

PH: 357-2900 or 1-800-742-0679

• Medical coverage for Long Term Care, pregnant women, children, adults, aged, disabled, and families, medicare premium assistance

AUDIOLOGISTS

PH: Consult Your Local Listings

• Children's hearing and speech screening

BREATHE PA

PH: 724-772-1750

www.breathepa.org

Provides health resources to individuals with respiratory conditions

COMMUNITY RESOURCES FOR INDEPENDENCE, INC

PH: 349-0201

• Supports coordination and attendant care

CONEMAUGH REGIONAL HOSPICE

PH: 1-814-534-6100 or 1-888-553-5503

• In-home services for the terminally ill including medical, spiritual, psychological, and social services, and bereavement care.

CYSTIC FIBROSIS, W. PA CHAPTER

PH: 1-412-321-4422 or 1-800-562-5395

www.cff.org

• Pharmacy program (subsidiary of Cystic Fibrosis Foundation) - 1-888-315-4154

DENTAL LIFELINE NETWORK

www.dentallifeline.org (contact Coordinator at

717-776-3262) or at tshumaker@DentalLifeLine.org; Applications on line

• **DONATED DENTAL SERVICES** PH: 1-844-489-9446 (toll free)

Free or low cost dental care for senior citizens and people with physical, medical, and/or mental disabilities, with a limited income; must meet eligibility requirements (not have access to any other dental plans or 3rd party reimbursements

• **DONATED ORTHODONTIC SERVICES**

Orthodontic care for low income children (8-18); must meet eligibility requirements; if eligible, a one- time coordination fee of \$200 must be received before the initial visit

DENTISTRY FROM THE HEART

www.dentistryfromtheheart.org

• Free dental care to adults 18+ who need it; Dentists across the country host their own events one time per year, serving a minimal number of people. The event provides free extractions, fillings and cleanings.

DEPARTMENT OF HEALTH, PA

(Indiana County) PH: 357-2995

State: www.health.state.pa.us

• HIV counseling and testing; Tuberculosis Clinic; all childhood immunizations; limited adult immunization; and communicable diseases investigations

DRUG & ALCOHOL SERVICES / A-I-C Drug & Alcohol Commission

PH: 354-2746 www.aidac.org

• Screening, assessment, case coordination, recovery support and referral services for drug and alcohol addiction. Drug and Alcohol prevention and intervention services provided. Tobacco prevention and cessation programs available

EPILEPSY ASSOCIATION OF WESTERN/CENTRAL PA

www.eawcp.org

PH: Pittsburgh 1-800-361-5885 or Altoona area: 1-814-262-799-0345 resource lending library, support, advocacy, seizure recognition, respite care and employment assistance.

EyeCare AMERICA

www.eyecareamerica.org (On-Line Referral Center)

• **SENIORS PROGRAM**

(previously listed as National Eye Care Project for Seniors)

Medical exam and 1 year of follow-up treatment (age 65+) for eye disease or other related conditions, must meet eligibility requirements; see requirements on-line.

• **GLAUCOMA PROGRAM** Provides a glaucoma eye exam at no cost to those who are eligible & uninsured; see eligibility requirements on-line.

FAMILY HOSPICE: A Service of Visiting Nurse Association

PH: 463-8711

• Medical, spiritual, psychological, and social services for the terminally ill; bereavement and nursing services; in home respite; home health aides; medical social workers; volunteers provide respite and support

HEALTH INSURANCE FOR UNINSURED CHILDREN/PA CHIP

PH: 1-800-986-KIDS (5437) www.CHIPcoversPAkids.com

• **CHIP**: Free or affordable medical coverage for uninsured children (birth to age 19)

HEAR NOW

PH: 1-800-328-8602 www.starkeyhearingfoundation.org

• Assist in obtaining hearing aids and cochlear implants; serves families with very limited financial resources ***SUSPENDED DUE TO COVID-19 PANDEMIC; CHECK WEBSITE

HOME HEALTH CARE SERVICES:

• Services may include: nursing, therapy, home health aides, nutrition counseling, maternal/pediatric care, IV Therapy, medical social services, mental health services, hospice, Tele-monitoring, etc.

Please contact each agency to find out specific services offered.

- **ANEW HOME HEALTH AGENCY** 465-9224
- **ASERA CARE HOSPICE** 1-866-921-1710
- **BAYADA PEDIATRICS/BAYADA Home Health Care** 459-0000
- **CONEMAUGH HOME HEALTH AGENCY** 1-814-534-7500
- **PENN HIGHLANDS DUBOIS HOME HEALTH AND HOSPICE SERVICES** 1-814-375-3300
- **EXCELA HEALTH HOME CARE AND HOSPICE** 689-1800 OR 1-800-427-1400
- **HELPMATES, INC.** 1-855-357-4122
- **HERITAGE HOME HEALTH AGENCY** 465-0440
- **HOME CARE ADVANTAGE** 465-5863
- **MEDI HOME HEALTH AGENCY** 1-814-536-4951
- **VISITING NURSE ASSOCIATION OF INDIANA COUNTY** 463-6340

HOME WATCH CAREGIVERS PH: 1-814-347-8404

• Provides personal care, senior sitting, nurse visit, social programs

INDIGO / INDIANA COUNTY TRANSIT AUTHORITY

PH: 465-2140 or 1-800-442-6928 www.indigobus.com

• Transportation (for a fee) to Pittsburgh for medical appointments
• Persons with Disabilities Program-Provides reduced fare shared ride service to persons with a disability, ages 18-64; call for eligibility requirements

INDIANA COUNTY VA OUTPATIENT CLINIC PH: 724-349-8900

Provides primary care and care management, mental health services, laboratory & electrocardiogram, prescriptions, immunizations, health care, pneumonia, tetanus, and women's health care.

INDIANA REGIONAL MEDICAL CENTER: Institute For Healthy Living

PH: 357-8088

• Provides programs that address healthy lifestyles, living with diseases such as heart disease, diabetes, arthritis, and cancer.

INDIANA REGIONAL MEDICAL CENTER: OB GYN Services PH: 888-452-4762

Gynecological care/prenatal and parenting counseling/adoption & nutrition services/STD testing & treatment/diabetes screening & care/maternal opiate medication support

IUP SPEECH, LANGUAGE AND HEARING CLINIC PH: 357-2451

• Hearing evaluations, speech & language evaluations and therapy for adults & children.

KIDNEY FOUNDATION OF THE ALLEGHENIES PH: 1-800-261-4115

www.kidneyall.org

• Crisis intervention funds, nutritional supplements, transportation, medical alert jewelry for kidney patients; support groups for dialysis and kidney transplant patients; prescription discount card

LEUKEMIA AND LYMPHOMA SOCIETY www.lls.org

PH: 1-800-955-4572 or 1-412-395-2873

• Free Information and Referral for patients and families dealing with a blood cancer diagnosis. Literature, educational programs and patient financial aid are available.

LIFESTEPS PH: 1-800-225-2010 or 349-1122 www.lifesteps.net

● CHILD CHECK: free developmental screenings, birth to 5 and autism screenings 18 months to 3 years

• Family Care Mobile Library-see website for schedule

LUPUS FOUNDATION OF PA PH: 412-445-8780

www.lupuspa.org

Web based platform; support, advocacy, and physician referral

MENTAL HEALTH /INTELLECTUAL/DEVELOPMENTAL DISABILITIES SERVICES

Armstrong-Indiana Behavioral and Developmental Health Program

PH: 349-3350 or 548-3451

Crisis Line: 1-877-333-2470

MUSCULAR DYSTROPHY ASSOCIATION (MDA) PH: 1-412-823-3094

www.mdausa.org

Resource Center: 1-833-275-6321

• MDA clinical visits and follow-up; transportation to MDA clinics; summer camp (6-18 years); financial assistance for wheelchair purchase and leg braces; covers 43 neuromuscular diseases

MULTIPLE SCLEROSIS SOCIETY, NATIONAL, PA Keystone Chapter

PH: 1-800-344-4867

www.nationalmssociety.org/pax; Sponsors self-help groups; provides medical equipment assistance; information/referral; educational programs; and sponsors aquatic, equestrian, and respite care programs

MYASTHENIA GRAVIS ASSOCIATION OF WPA PH: 1-412-566-1545

www.mgawpa.org

• On-site Treatment Center; social service program; education / outreach service

OPTOMETRY'S CHARITY™ - The AOA (American Optometric Association)

● **InfantSEE** PH: 1-888-396-3937

www.infantsee.org

A public health program designed to ensure that eye and vision care becomes an integral part of infant wellness care. AOA Optometrists provide a comprehensive eye and vision assessment for infants within the first year of life regardless of a family's income or access to insurance coverage

*****Check with the PA Optometric Association for other possible charitable programs. 717-233-6455**

PACE/PACenet/PACE PLUS Medicare PH: 1-800-225-7223

• Prescription drug program for the elderly; age 65 or older and meet eligibility requirements

➢ Aging Services, Inc. - will help with application forms

PH: 349-4500 or 1-800-442-8016

PENNSYLVANIA ASSOCIATION FOR THE BLIND, INDIANA COUNTY PH: 397-4054

Casework, education, preschool and adult vision screening

PENNSYLVANIA ELKS HOME SERVICE PROGRAM PH: 545-9150

Provides in-home medical care coordination services, advocacy and referrals to services. Home visits provided to families with children with developmental disabilities, and adults with a developmental disability diagnosed before the age of 22.

PhRMA's MEDICINE ASSISTANCE TOOL (MAT) www.medicineassistancetool.org

A search engine designed to help patients, caregivers, and health care providers learn more about the resources available through the various biopharmaceutical industry programs.

PRIMARY HEALTH NETWORK/INDIANA DENTAL CENTER PH: 465-6100

Various dental services for all ages. Medical assistance and all other insurances accepted

rabbitransit / MATP

PH: 1-800-524-2766

www.rabbitransit.org/Indiana

• Transportation reimbursements for Medical Assistance participants; bus tickets for medical appointments, or arranges transportation for individuals receiving medical assistance going to medical assistance providers.

SHRINER'S HOSPITAL PH: 1-814-875-8700 or 1-800-873-KIDS (5437)

www.shrinershospitalsforchildren.org

• Free transportation to hospital by local temple, for surgery and medical care; children (birth to 18) with orthopedic problems. No charge for services

SICKLE CELL DISEASE ASSOCIATION OF AMERICA PH: 1-800-421-8453

www.sicklecelldisease.org

• Disease screening through member organizations, referral, counseling, free or low cost educational materials

SPINA BIFIDA ASSOCIATION OF WPA PH: 1-800-243-5787

www.sbawp.org

• Summer Camp & Weekend Retreat programs-offering respite and other services
• Family-School Partnership Program-offering assistance & advocacy to families of children with special needs
• Adult Community Services-providing support to adults residing in their own homes
• Educational/Informational program
• Wellness Program

SYMETRA PROGRAM (PREVIOUSLY EMPOWER3 CENTER FOR HEALTH)

1-800-925-0611 OR LOCAL AT IRMC 427-2763

Provides low-cost medical care and health insurance program for the "working poor"; the program encourages participants to come in for primary medical care as frequently as they feel is necessary-without making co-payments and without the hassle of insurance forms. The program is also an incentive to draw more people into service as volunteer firefighters.

VA MEDICAL CENTER, JAMES E. VAN ZANDT 1-877-626-2500

Acute Care program, Behavioral Health program, Dental Services, Diagnostic Services, Urgent Care Center, Long Term Care program, Pharmacy, Social Services, Specialty Care program, Women's Health program, Health Care for Homeless Veterans (HCHV), Health Care for Homeless Veterans Substance Use Disorder, etc. for Veterans

VNA EXTENDED HOME CARE (affiliate of Visiting Nurse Association of Indiana County)

PH: 463-1102

• In-home care and services with an emphasis on personal care assistance and home management (nursing, personal care, companionship, homemaker/housekeeper, respite, etc.)

VOCATIONAL REHABILITATION, OFFICE OF www.dli.state.pa.us (click on "disability services" under quick links)

PH: 1-800-762-4223 or TTY: 1-866-862-6891

Medical, psychological, and audiological diagnostic examinations for individuals with disabilities to verify eligibility for employment services