

## RECREATION / SOCIALIZATION

### ● **Big Hearts Little Hands Mentoring Program**

PH: 724-463-9622

Motivating our youth to embrace themselves and recognize their greatness within through establishing friendships and mentoring between adult and child; provides social/cultural/emotional/academic support for children ages 5-17 from economically/socially disadvantaged environments throughout Indiana County; Membership is free

### ● **Blairsville Public Library** - [www.b-ssd.org/BPLib/](http://www.b-ssd.org/BPLib/)

PH: 724-459-6077

Children's books, audiobooks, story hour, Summer Reading Program, free public use of computers with internet access, free access to downloadable music, DVD movies and interlibrary loan; Free to Blairsville Borough residents; \$10 non-residents

### ● **Boy Scouts/Laurel Highlands Council**- [www.lhc-bsa.org](http://www.lhc-bsa.org)

PH: 814-471-1090

♦Group activities for boys and girls, ages 5 to 10; and for girls/boys, ages 11 to 18; Venturing and Explorer groups for boys and girls ages 14-20; Trail Blazer Program for youth with disabilities and special needs; Camping opportunities; registration fee for 12 months; pro-rated when joining.

### ● **Chevy Chase Center** - [www.chevychasecenter.org](http://www.chevychasecenter.org)

PH: 724-463-0674

The Center hosts a free Summer Kids Program for 6 weeks each summer. Call or visit their website or Facebook page.

### ● **ARIN IU#28 Evergreen After School Club** - <https://www.evergreenasc.org/> or [www.iu28.org](http://www.iu28.org)

PH: 724-463-5300

After-school and summer programming for youth in Indiana County; School based programs at Homer-Center, Indiana, Penns Manor, United, membership is free

### ● **Girl Scouts Western Pennsylvania** - [www.gswpa.org](http://www.gswpa.org)

PH: 1-800-248-3355

Girls gain skills and experiences that build their courage, confidence, and character to prepare them for life. Supported by their sisterhood, girls can simply be themselves. Membership fees; financial assistance available; available to all girls in grades K-12.

### ● **Homer Center Public Library** - FaceBook at <https://www.facebook.com/HCPlib/>

PH: 724-541-3381

books and summer programs available

### ● **Indiana Free Library** - [www.indianafreelibrary.org](http://www.indianafreelibrary.org)

(Children's Dept.) PH: 724-465-8841 ext. 6

Extensive collection of children's books, audiobooks, DVD's, and on-line digital services; Variety of free children's programs and family activities throughout the year including summer reading program and literacy events.

### ● **National Multiple Sclerosis Society** - <https://www.nationalmssociety.org/camp>

Offer MS Adventures Camps.

### ● **The Salvation Army**

PH: 724-465-2530

Youth programs (ages 6-18); Residential and summer camp programs

### ● **Special Olympics, PA** - [www.specialolympicspa.org](http://www.specialolympicspa.org); Facebook: Special Olympics PA Armstrong Indiana Counties

Armstrong/Indiana Counties; contact Michelle Jordan PH: 814-441-7981

Provides year-round sports training and competition in a variety of Olympic-type sports for children and adults with intellectual disabilities; they offer a variety of sports at various skill levels to include all athletes; free;

### ● **Spina Bifida Association of Western PA** - [www.sbawp.org](http://www.sbawp.org)

PH: 727-934-9600

Firefly Camps and Weekend Retreats provide year-round opportunities for people with Spina Bifida and related disabilities of all ages to come together for skill development, mutual support, friendship, and physical and wellness activities in an environment of acceptance and understanding. Cost: Varies by program. Campership opportunities available.

### ● **Woodlands Foundation, Inc.** - [www.mywoodlands.org](http://www.mywoodlands.org)

PH: 724-935-5470

Year-round and age-appropriate clubs, day programs, overnight retreats, and overnight summer camps for people ages 6 and over with disabilities and chronic illness. Activities include: golf, music, archery, nature encounters, indoor pool, and adaptive zip-line with care and support from trained staff. Camperships and waiver options available.

### ● **YMCA, Indiana County** - [www.icymca.org](http://www.icymca.org)

PH: 724-463-9622

Provides youth sports, day camp, H.Y.P.E. Mentoring Program, swimming, and youth fitness programs; Program fees vary (financial assistance available)

### ● **4-H Clubs** (Penn State Cooperative Extension) -

PH: 724-465-3880

[www.extension.psu.edu/programs/4-h/counties/indiana](http://www.extension.psu.edu/programs/4-h/counties/indiana) Provides year-round programs for youth ages 5-18; Activities include: 4-H clubs, day camps, school, and homeschool enrichment programs. \$30 membership educational resource fee, plus some additional charges for certain programs.

● For a listing of **Coalition/Councils** that work on issues affecting children in Indiana County, visit [www.humanservices-countyofindiana.org](http://www.humanservices-countyofindiana.org) and click on Information About Human Services in Indiana County and then on Where to Turn for Help. They welcome community members to join their cause.

● For Information on human services **Dial 2-1-1** or go to [www.pa211sw.org](http://www.pa211sw.org).

## Children's Services in Indiana County

Published by Indiana County Department of Human Services

300 Indian Springs Road, Suite 203, Indiana, PA 15701

724-349-0500, ext 3 or TDD 724-465-3805 or [mpounds@indianacountypa.gov](mailto:mpounds@indianacountypa.gov)

LARGE PRINT AVAILABLE UPON REQUEST

[www.humanservices-countyofindiana.org](http://www.humanservices-countyofindiana.org) August 2023-28th Printing

Like us on Facebook

Human Services Information and Resources Dial 2-1-1 or go to [www.pa211sw.org](http://www.pa211sw.org)

## DRUG AND ALCOHOL SERVICES

### ● **Armstrong-Indiana-Clarion Drug and Alcohol Commission (AICDAC)** - [www.aicdac.org](http://www.aicdac.org) PH: 724-354-2746

Alcohol, tobacco, other drugs and gambling prevention education and awareness programs available for youth, schools and the community; Programs can be tailored to your needs.

### ● **ARIN Intermediate Unit 28** - [www.iu28.org](http://www.iu28.org)

PH: 724-463-5300

Underage Users Group

### ● **The Open Door of Indiana PA**, A Behavioral Health Organization - [www.theopendoor.org](http://www.theopendoor.org)

Addiction/Gambling/Family Recovery-724-465-2605 (Mon-Thurs, 8am-8pm; Friday, 8 am to 5 pm);

### **Crisis Intervention Services (24/7): 1-877-333-2470**

24-hr crisis phone and mobile intervention and walk-in crisis intervention Mon -Fri 8 am to 6 pm and Weekends/Holidays-1 pm to 6 pm; Addiction/Gambling/Family Recovery Pre-Screening, Assessment, Outpatient Counseling, Intervention, Education and Support. Services can be provided on site, in school, or via telehealth.

## CHILD CARE

### ● **Early Learning Resource Center (ELRC)** -

PH: (724) 285-9431 Toll Free: (888) 864-1654

Region 3, based out of Butler County, serves 5 counties including Indiana County. The ELRC combines two programs: Child Care Works-formerly known as "CCIS" and Keystone STARS-PA's Quality Rating and Improvement System for certified child care providers on a regional level. THE ELRC helps parent(s) locate child care, provides free resources and referrals, and operates the child care subsidy program which helps families pay child care costs. The ELRC provides families, early learning service providers, and communities with information and access to services that support high-quality child care and early learning programs.

### ● **Compass Online Portal** - <https://www.compass.state.pa.us/compass.web/ProviderSearch/Home#BasicSearch>

Find Child Care and other Early Learning Programs near you. You have options when it comes to the care for your child. Whether you need child care or another early learning program, you can find it here.

## CLOTHING

### ● **Chevy Chase Community Center**- [www.chevychasecenter.org](http://www.chevychasecenter.org)

PH: 724-463-0674

Diaper and Feminine Hygiene products when available.

### ● **First Methodist Church of Marion Center Clothing Closet**

PH: 724-397-5517

Marion Center, PA; Open only Tuesdays from 9:00 am to 1:00 pm; children and adult clothing; Free

### ● **Jacksonville Presbyterian Church Clothing Closet**

PH: 724-726-8895 or 724-479-8941

Kent, PA; Last Friday of the month, 4 pm to 6 pm; Last Saturday of the month, 8:30 am - 11:30 am; March thru Oct; Closed Nov, Dec, Jan and Feb; (weather permitting in March); Free clothing for children and adults

### ● **Life-Way Family and Pregnancy Support**-

PH: 724-349-5307 or call/text 412-554-1600

<https://www.lifewayfamilies.org>; Free; clothing/nursery items for children birth to age 5 (as available) for program clients; intake and enrollment required

- **Saltsburg United Methodist Church's My Best Friend's Closet**, PH: 724 639-9454  
9:00 am to 12 noon; second Saturday, every other month (Feb thru Sept); closed Oct thru Jan; confirm dates; free, gently used clothing;
- **The Salvation Army**, PH: 724-465-2530  
Free; Coats for Kids (Sept/Oct) and Treasures for Children (Sept, Oct, & Nov sign-up for Christmas delivery)

#### COUNSELING / SUPPORT

- **Alice Paul House** - [www.alicepaulhouse.org](http://www.alicepaulhouse.org) PH: 724-349-4444 or 1-800-435-7249 (for outside local calling area)  
Children's counseling, support group, medical and legal advocacy for victims of sexual assault or domestic violence; Free
- **The Arc of Indiana County** - [www.arcindiana.org](http://www.arcindiana.org); PH: 724-349-8230  
The Arc offers resources, support and Advocacy for people with intellectual disabilities and their families. Educational Advocacy Program (EAP)- This program guides parents and their students through the special education process. This includes how to prepare for Individualized Education Program (IEP) meetings, and school mediation. Parents With Purpose (PWP)- is a new workgroup for parents of school-age students with disabilities. Provided by The Arc, ARIN IU#28, and the Local Task Force 28. The workgroup's purpose is to provide parents with advocacy, secondary transition, and special education support, training, and resources.
- **Armstrong-Indiana Crisis at The Open Door** PH: 877-333-2470  
Mental Health and Alcohol and other Drugs walk-in (no appointment necessary), telephone crisis intervention and mobile services; Free 24/7 crisis services (any problem/crisis) and mobile services; Referrals and community resource information also provided; Walk- in Mon-Fri, 8 am – 6 pm; 1 pm –6 pm on weekends and holidays.
- **Catholic Charities of the Diocese of Greensburg, PA**- [www.ccharitiesgreensburg.org](http://www.ccharitiesgreensburg.org) PH: 724-837-1840 or 1-866-409-6455  
Counseling and support for children whose parents are separated or divorced, children of adoption, and those in need of bereavement support; Variable fee scale; accepts a variety of insurance plans
- **CARE Center of Indiana County** - [www.carecenterofindianaco.org](http://www.carecenterofindianaco.org) PH: 724-463-8595  
Nurturing Parent Program-12 week evidence based parenting program offered at no cost to the community. Topics include: brain development, child development, empathy, feelings, stress and discipline. Other services: Supervised Visitation, Monitored Visitations, and Parenting Assessments.
- **Center for Independent Living of South Central PA** - [www.cilscpa.org](http://www.cilscpa.org) Voice/TDD: 814-949-1905 or 1-800-237-9009  
Non-residential program for people with physical or sensory disabilities, peer counseling, advocacy, information & referral;
- **Children & Youth Services** - [www.countyofindiana.org](http://www.countyofindiana.org) PH: 724-465-3895 or 1-888-559-6355;  
after 4:00 p.m. – call 911 for emergency/crisis; Childline: 1-800-932-0313  
Free services to prevent and resolve problems of neglect, abuse, and exploitation of children
- **Community Guidance Center** - [www.thecgc.com](http://www.thecgc.com) PH: 724-465-5576 or 1-888-686-1991  
♦ Mental and Behavioral Health Services for children: full-time psychiatrist, children's and adolescent partial hospitalization, family-based services, individual and group therapy, case management services, school- based outpatient therapy, early intervention, intellectual disability support coordination. Most insurances accepted. Financial assistance may be available for those who qualify.  
♦ Early Intervention Service Coordination: Services to children, age birth to 3 with developmental delays, or at risk for developmental delays; Coordination of services which may include physical, occupational, speech, hearing, and/or vision therapists and a developmental specialist. Services provided at no cost to families.
- **Community Psychiatric Center (C.P.C.)**- [www.cpcwecare.com](http://www.cpcwecare.com) Ph: 724-850-7200  
C.P.C. treats children who are hyperactive, oppositional, depressed, have autism, or other conditions. Services include evaluation, counseling, medication management, in-home wraparound services, an autism unit, and school-based evaluations. C.P.C. has an educational TV program on PCNC and monthly support group. Ages 3-21; accepts all insurances
- **Family A.C.T.S., Inc**- 1-800-860-4673 or 724-763-7600  
Psychological evaluations, treatment, counseling, family therapy, Co-Parenting and Anger Management Classes, etc.; sliding fee scale
- **Family Behavioral Resources** - [www.familybehavioralresources.com](http://www.familybehavioralresources.com) PH: 724-463-3600  
♦Child centered, family focused therapeutic services in client's home and/or community settings. Services are individualized, available for a variety of mental health diagnosis, behavioral concerns, and autism spectrum disorders. Ages 0-21

#### Managed Care Options continued:

- ♦ **UnitedHealthCare Community Plan of Pennsylvania** – <https://www.uhccommunity.plan.com/pa/chip/community-plan-for-kids.html> PH: 1-800-414-9025
  - ♦ **UPMC for Kids**- <https://www.upmchealthplan.com/individuals/learn/plans-and-services/coverage-for-children.aspx> PH: 1-800-978-8762
  - **Indiana Regional Medical Center** - [www.indianarmc.org](http://www.indianarmc.org) PH: 1-800-357-7000  
•Emergency Dept 24/7, Urgicare- Blairsville, 8 am to 8 pm; Med Express/Urgent Care (merger); 8 am to 8 pm; Pediatric and Family Medicine; Pediatric Psychiatry
  - **IUP-Speech, Language, and Hearing Clinic** – [www.iup.edu/special-ed/more/sh-clinic/](http://www.iup.edu/special-ed/more/sh-clinic/) PH: 724-357-2451  
Provides FREE speech, language, swallowing/feeding, cognition, and voice evaluations and therapy; Hearing screenings
  - **Leukemia and Lymphoma Society** - [www.lls.org](http://www.lls.org) PH: 1-800-955-4572  
Free information on blood cancers including Leukemia, Lymphoma, Hodgkin Lymphoma, Myeloma and MDS; financial aid for those undergoing treatment or ongoing follow-up, educational programs and resources for patients and families
  - **Lifesteps** - [www.lifesteps.net](http://www.lifesteps.net) PH: 724-283-1010 or 1-800-225-2010  
Child Check: FREE Developmental screening for children from birth to age 5, including cognitive, personal-social, language, motor, speech and hearing. May also include Autism screening by request for children 18 months – 3 years of age; Calendar of screenings available online.
  - **Medical Assistance Transportation Program** (Rabbit Transit) [www.rabbittransit.org/Indiana](http://www.rabbittransit.org/Indiana) PH: 1-800-524-2766  
Supports paratransit, mileage reimbursement, and fixed route reimbursement for individuals receiving medical assistance going to medical assistance providers.
  - **Muscular Dystrophy Association** - [www.mda.org](http://www.mda.org) PH: 1-800-572-1717  
Parent Support; summer camp for children (ages 6-18); equipment, no cost
  - **My Choice Medical Clinic**- [www.mychoicemedicalclinic.com](http://www.mychoicemedicalclinic.com) PH: 1-877-223-7558  
Pregnancy Testing, Options Counseling, Abortion Education, ultrasounds to determine viable pregnancy, STI testing; FREE. 24-hour helpline at 1-800-712-4357
  - **National Kidney Foundation serving the Alleghenies**. - [www.kidney.org](http://www.kidney.org) PH: 412-261-4115  
Visit <https://www.kidney.org/yourkidneysandyou/kids> and learn about kidney health and habits to keep your kidneys and the rest of your body healthy!
  - **National Multiple Sclerosis Society** - [www.nationalmssociety.org](http://www.nationalmssociety.org) PH: 1-800-344-4867  
Email: [ContactUsNMSS@mnss.org](mailto:ContactUsNMSS@mnss.org)  
Pediatric MS information, education, support groups and services
  - **Primary Health Network (PHN)- Indiana Dental Center** (PH: 724- 465-6100) and **Jacksonville Family Medicine Center** (724-726-0300)  
Community Health Center that offers Family Medicine, Dental Hygiene, and Dentistry services. PHN accepts Medicare, Medicaid/CHIP, and most insurances. Sliding fee discount is available to those who qualify.
  - **Spina Bifida Association of Western PA** - [www.sbwawp.org](http://www.sbwawp.org) PH: 724-934-9600  
Family-School partnership consultation for school aged children; Blue Prints – Program for pre-school aged children; Cost varies – depends on the program
- #### LEGAL
- **Summit Legal Aid** PH: 1-800-846-0871  
Emergency child custody cases; Cost: None for service, client must pay court fees and expenses
- #### PROTECTIVE SERVICES
- **Children and Youth Services** (see Counseling/Support)- [www.indianacountypa.gov](http://www.indianacountypa.gov)  
Childline – PH: 1-800-932-0313 to report abuse
  - **The CARE Center of Indiana County** – [www.carecenterofindianaco.org](http://www.carecenterofindianaco.org) PH: 724-463-8595  
Provides forensic interviews and forensic evaluations for children when there are allegations of sexual and physical abuse; professionals work with the family to help navigate the legal system and to obtain necessary treatment services; focus is justice and healing for victimized children; free

- **American Lung Association of Pennsylvania** - [www.lunginfo.org](http://www.lunginfo.org) PH: 1-610-268-9790 or 1-800-LUNG-USA  
Camp and health education opportunities for children and families with asthma; Teens against Tobacco use Programs; information on topics such as asthma, tobacco, lung cancer, flu, radon and air quality issues; Cost: Nominal to none
- **BAYADA Pediatrics** - [www.bayada.com](http://www.bayada.com) PH: 459-0000  
Home Health Care services for children, newborn through age 18-21; Nursing services (LPN or RN, as well as home health aides); can provide care in the child's classroom, during transportation to and from school, as well as provide these services in the home during the day and/or overnight. Fee: typically covered by the child's Medicaid
- **Behavioral and Developmental Health Program, Armstrong-Indiana (previously MH/MR)**- [www.aibdhp.org](http://www.aibdhp.org)  
PH: 724-548-3451 or 724-349-3350
  - ◆ Early intervention Referrals: serving children from birth to three years of age who have or are at risk for developmental delays
  - ◆ Children/Adolescent Behavioral Health Services Referrals: Intensive Behavioral Health Services (IBHS) such as mobile therapy, behavioral health technician, behavior consultation, therapeutic staff support, behavior specialist, residential treatment, community residential rehabilitation, family based, and targeted mobile therapy
  - ◆ CASSP (Child & Adolescent Service System Program): a comprehensive system of care that assists children with behavioral health needs and their families gain access to needed services.
- **Breathe Pennsylvania** - [www.breathepa.org](http://www.breathepa.org) PH: 724-772-1750
  - ◆ The School Asthma Initiative offers programs and resources to Early Learning Centers, K-12<sup>th</sup> grade, and beyond to educate school personnel, students, and early learning practitioners about proper asthma management. Smokeless Saturday- Teen tobacco cessation and awareness program for students who have been found with tobacco on school premises.
- **Community Guidance Center** - [www.thecgc.com](http://www.thecgc.com) PH: 724-465-5576 or 1-888-686-1991
  - ◆ Mental and Behavioral Health Services for children: full-time psychiatrist, children's and adolescent partial hospitalization, family-based services, individual and group therapy, case management services, school-based outpatient therapy, early intervention, intellectual disability support coordination. Most insurances accepted. Financial assistance may be available for those who qualify.
  - ◆ Early Intervention Service Coordination: Services to children, age birth to 3 with developmental delays, or at risk for developmental delays; Coordination of services which may include physical, occupational, speech, hearing, and/or vision therapists and a developmental specialist. Services provided at no cost to families.
- **Department of Health, PA** - [www.health.state.pa.us](http://www.health.state.pa.us) PH: 724-357-2995
  - ◆ Clinics – children's immunization, select pt tuberculosis testing;
  - ◆ HIV Clinic testing & counseling, STD Testing and education, communicable disease investigations, and lead investigations and education; Cost: Free for most.
- **PA Elks Home Service Program**, - [www.paelkshomeservice.org](http://www.paelkshomeservice.org) Contact Heidi Bouch at 724-545-9150  
Provides in-home medical care coordination services, advocacy, and referrals to services. Services are provided via in-person home visits or telephonically to persons of any age with developmental disabilities. Fee: No charge
- **Epilepsy Association of Western and Central PA** - [www.eawcp.org](http://www.eawcp.org) PH: 1-800-361-5885 or 412-322-5880  
Information & Referral, Summer Camp Program, Emergency Prescription Assistance, Movement/Sleep Monitors, Education Programs, High School Scholarships, Presentations for Schools and Communities; Cost: None, except camp program and some other educational programs. Fees can be waived upon request. Camp scholarships available. Programs on-line, virtually and in person when possible; Facebook at EAWCP.
- **Health Insurance for Children/PA Program (CHIP)** 1-800-986-5437  
Free or low-cost health insurance to uninsured children through CHIP; Children (birth to 19) not enrolled in any other insurance and not eligible for public health insurance are eligible; must meet age, family size and income guidelines Cost: None for free programs; Premiums required for low-cost program.
- \*\*Managed Care-Southwest Counties, including Indiana County:
  - ◆ **Aetna Better Health Kids**- <https://www.aetnabetterhealth.com/pennsylvania> PH: 1-800-822-2447
  - ◆ **Geisinger Health Plan, Inc.**- <https://www.geisinger.org/health-plan/plans/ghp-kids> PH: 1-866-621-5235
  - ◆ **Highmark Healthy Kids (Western)** - <https://www.highmark.com/western-pennsylvania/chip.html> PH: 1-800-543-7105

- ◆ Outpatient Clinic: 724-465-0369 Psychotherapy for children, adolescents, and adults (families, couples, individuals) in a variety of treatment approaches. Cost: Call for insurance information; self-pay; medical assistance
- **Family Psychological Associates**- PH: 724-349-6320  
Outpatient Therapy and Mental Health Assessments, Psychiatric Evaluations and Medication Management, School Based Therapy, Blended Case Management and Peer Support Services.
- **Highmark Caring Place/A Center for Grieving Children, Adolescents, and Their Families** - [www.highmarkcaringfoundation.com](http://www.highmarkcaringfoundation.com)  
Two Facilities: Downtown Pittsburgh -1-888-224-4673, Warrendale -1-888-734-4073  
Free bereavement services, based on peer support. No therapy available.
- **Hopeful Hearts/A Service of Concordia-IRMC VNA/Bereavement Peer Support for Children, Adolescents, and Their Families** - [www.hopefulheartspa.org](http://www.hopefulheartspa.org) PH: 724-463-6340  
Free; child-focused peer support for children (ages 18 and under) and their families who are grieving the death of a significant person in their lives. Evening meetings every 2<sup>nd</sup> and 4<sup>th</sup> Tuesday of the month; light meal served.
- **IUP – Center for Applied Psychology** - <https://www.iup.edu/cap/> PH: 724-357-6228  
Psychological treatment and assessment for children, adolescents, and families. Psychotherapy is provided for problems ranging from anxiety and depression to disruptive behavior and parent-child relational issues. Evaluations are conducted to assess concerns ranging from behavior problems to academic performance to child development, including autism spectrum disorder. Fees are set according to an income-based sliding scale, self-pay and medical assistance accepted.
- **JusticeWorks YouthCare**- [www.justiceworksyouthcare.com](http://www.justiceworksyouthcare.com) PH: 724-672-0878  
Provides a variety of in-home services to children and families including STOPP (Short-Term Therapeutic Outreach to Prevent Placements), JustCare, Family Group Decision Making, Truancy Remediation, Independent Living Services, Nurturing Parenting Program, Anger Management, Drug Testing, Violation Initiative Program, Supervised visits, and Visit Coaching
- **Merakey** - [www.merakey.org](http://www.merakey.org) PH: 724-349-2451 or 1-888-647-0020
  - ◆ Therapeutic Family Care: Place and support children with a mental health diagnosis that are referred by CVS, MH/MR, JPO, or self-referred by parents; Accepts medical assistance
  - ◆ Life Sharing: Place and support children and individuals with developmental disabilities in community homes
  - ◆ Permanency Services: A Statewide Adoption Network (SWAN) affiliate for Permanency Services and Post Permanency Services

#### EDUCATIONAL INFORMATION

- **Adagio Health** - [www.adagiohealth.org](http://www.adagiohealth.org) PH: 724-349-2235  
Center for Adolescent Pregnancy Prevention: Programs on sexual health and life skills to schools and other community agencies to reduce pregnancy, sexually transmitted diseases, and HIV among teens and young adults. CAPP also provides parent and professional education workshops
- **Adelphoi Village Academy in Indiana** - [www.AdelphoiVillage.org](http://www.AdelphoiVillage.org) PH: 724-463-1456  
Treatment and education for dependent and delinquent youth
- **Alice Paul House** - [www.alicepaulhouse.org](http://www.alicepaulhouse.org) PH: 724-349-4444 or 1-800-435-7249 (for outside calling area)  
Child counseling, trauma-based medical and legal advocacy for all victims of sexual assault or domestic violence; free
- **American Red Cross** - <http://www.redcross.org/take-a-class> PH: 1-800-733-2767  
CPR and First Aid Training, Pediatric First Aid Training, Babysitter's Training, Lifeguard Training, Water Safety; Fees for classes.
- **ARIN Intermediate Unit 28** - [www.iu28.org](http://www.iu28.org) PH: 724-463-5300
  - ◆ Early Intervention for children ages 3-5
  - ◆ Little Apples Preschool: Preschool for children ages 3-5 for students with special needs as well as typically developing students
  - ◆ PPT ELECT: Support services for pregnant and parenting teens
  - ◆ Transition: Links school-age special needs students with community services to help the transition from school to adult life

● **Armstrong-Indiana-Clarion Drug and Alcohol Commission (AICDAC)** - [www.aicdac.org](http://www.aicdac.org) PH: 724-354-2746

Alcohol, tobacco, other drugs and gambling prevention education and awareness programs available for youth, schools and the community; Programs can be tailored to your needs.

● **Care Center of Indiana County**- [www.carecenterindianaco.org](http://www.carecenterindianaco.org) PH: 724-463-8595

Nurturing Parent Program- 12- week evidenced based parenting program offered at no cost to the community. Topics include: brain development, child development, empathy, feelings, stress and discipline. Other services: Supervised Visitation, Monitored Visitations, and Parenting Assessments.

● **Community Psychiatric Centers (C.P.C.)** PH: 1-877-899-6500

School-based evaluations to assess for learning disabilities or related educational concerns; For school age;

● **Head Start / Early Head Start, Indiana County**- [www.indianacountyheadstart.org](http://www.indianacountyheadstart.org) PH: 724-349-6200

Toll free: 1-877-346-3023

Provides education, health, nutrition, and social services to children, ages 0-5, and their families who are income-eligible

● **Indiana University of Pennsylvania (IUP)**

◆ **Child Study Center** - [www.coe.iup.edu/edsp/csc.html](http://www.coe.iup.edu/edsp/csc.html) PH: 724-357-2445

Psychoeducational evaluation and short term treatment for learning and/or behavioral problems; \$75, can be waived

◆ **The Bill and Judy Scheeren Literacy Center** - <https://www.iup.edu/pse/literacy/index.html> PH: 724-357-2400

Offers literacy tutoring for children and adolescents in grades 1 to 8 who need additional help with reading and writing.

Tutoring is provided by undergraduate teacher educator candidates, under the guidance of the Literacy Center Supervisor. Nominal fee for tutoring; see website for details.

● **Lifesteps Family Care Mobile Resource Center** - [www.lifesteps.net](http://www.lifesteps.net) PH: 724-283-1010 or 1-800-225-2010

Mobile resource center sharing and lending resources within a 20-mile radius of Indiana Borough. Topics and materials range and are helpful for children, adults and seniors. Complete schedule of visits posted online; free

● **Life Way Family and Pregnancy Support**- <https://www.lifewayfamilies.org>

PH: 724-349-5307 or call/text 412-554-1600

Free evidence-based parenting lessons for ages newborn through school age children. Offered as in-person sessions and digital remote learning

● **March of Dimes Western PA** - [www.modimes.org](http://www.modimes.org) PH: 1-888-663-4637

● **Merakey** - [www.merakey.org](http://www.merakey.org) PH: 724-349-2451 or 1-888-647-0021

Autism Schools provide specialized placements for students with Autism Spectrum Disorders and/or emotional support needs. In the schools-specialized programs such as gender responsive programming for females with emotional disturbance as well as 18-21year old transition services; schools located outside of Indiana County

● **New Story** - [www.newstory.com](http://www.newstory.com) PH: 724-463-5390

A licensed private school for children K-12 with autism and related disabilities and emotional/behavioral disorders.

They provide specialized academic, behavioral and mental health supports to children with complex needs.

● **The Salvation Army** PH: 724-465-2530

Ark of Learning: grades K-12; Tuesday-Thursday; tutoring/homework assistance; free; Ark of Learning Day Camp- summer education program, Monday - Friday; Cost: \$50/week

## EMPLOYMENT

● **Indiana County Career T.R.A.C.K., Inc.** - [www.careertrack.org](http://www.careertrack.org) PH: 724-471-7220 or 1-888-573-5733

◆ Hires youth ages 16-21 for temporary summer work, GED assistance; Cost: None; income guidelines & Indiana County resident

● **ICW Vocational Services, Inc.** PH: 724-349-1211 (Workshop) PH: 724-349-4143 (Employment Services)  
PH: 724-471-2485 (Steps to Success)

Work experience, vocational training, sheltered employment, independent living training, on-the-job training and placement in the community for persons with a disability. Workshop/Steps to Success: 18 years of age or older; Employment Services: 16 years or older; have a disability; be referred by OVR or MH-MR

● **Spina Bifida - Gatehouse** - [www.sbawp.org](http://www.sbawp.org) PH: 724-934-9600

Residential Program: provides life skills education & prevocational evaluation & support to high school grads w/Spina Bifida & related disabilities. \*Referral by OVR\*

## FINANCES

● **Assistance Office, Indiana County (PA Dept. of Human Services)** - PH: 724-357-2900 or 1-800-742-0679

Cash Assistance, Emergency Housing Assistance, Energy Assistance, Food Stamps, Medical Assistance for dependent children; [www.compass.state.pa.us](http://www.compass.state.pa.us)

● **Catholic Charities Helpline** PH: 1-866-409-6455

Operates 24/7; for basic life necessities/emergency utility/fuel/rent and security deposits

● **Domestic Relations** - [www.childsupport.state.pa.us](http://www.childsupport.state.pa.us) PH: 724-465-3940

Processes and enforces applications for child/spouse support; establishes paternity (for client case information only); Filing fees and genetic testing fee

● **Social Security** - [www.socialsecurity.gov](http://www.socialsecurity.gov) PH: 1-877-405-7679 or 1-800-772-1213

Application for Social Security number; Supplemental Security Income; Social Security for retirement, disability or survivor's benefits (include: dependent children)

## FOOD

● **Adagio Health WIC** - [www.adagiohealth.org](http://www.adagiohealth.org) PH: 1-866-942-2778

Supplemental food and nutrition education program for pregnant, breastfeeding and postpartum women, infants and children up to 5 years of age. Clients must meet income and nutritional need requirements

● **Chevy Chase Center** - [www.chevychasecenter.org](http://www.chevychasecenter.org) PH: 724-463-0674

Meals2You home delivery program, emergency food pantry, Community Lunch Hour, Community Garden; Free

● **Creekside Area Food Pantry**, PH: 724-463-0580

For residents of Creekside, Ernest, and Washington Township; at Creekside United Methodist Church; available by appointment and on the 2<sup>nd</sup> Thursday of each month from 10:00 am to 12:00 noon

● **Indiana County Community Action Program, Inc.** PH: 724-463-7440 or 724-465-2657

Food pantries; emergency food packages; Power Pack- food for children over the weekends, distributed in schools; free

● **Life Way Family and Pregnancy Support** PH: 724-349-5307 or call/text 412-554-1600

Baby food, baby cereals and baby formula offered free of charge to community residents.

● **The Salvation Army** PH: 724-465-2530

Choice Food Pantry; Tuesday and Thursday; 10 am to 1 pm; Call for an appointment

## HEALTH / MEDICAL CARE

● **accessAbilities, Inc.** - [www.accessAbilities.org](http://www.accessAbilities.org) PH: 724-832-8272

◆ First Steps Early Intervention Program: Free services for any child, birth to age 3 with a developmental delay, diagnosis, or who is at risk of a developmental delay. Services may include the following: physical, occupational, speech, vision and nutrition therapy; special instruction, positive behavioral support, language coaching, therapeutic listening, sensory integration, feeding instruction and infant massage. A toy lending library is also available

● **Adagio Health Medical Office** - [www.adagiohealth.org](http://www.adagiohealth.org) PH: 724-349-2022

Family planning services for teens (may be insured or uninsured). Services include birth control; screening and treatment for sexually transmitted diseases; breast and cervical cancer screening; most services are free to ages 17 and under.

● **American Cancer Society** - [www.cancer.org](http://www.cancer.org) PH: 1-800-227-2345

Free information on cancer and patient programs and services.

● **American Diabetes Association** - [www.diabetes.org](http://www.diabetes.org) PH: 1-800-342-2383

Information; Advocacy and Research; Summer Camp Program for children with diabetes-held virtually in 2020

● **American Heart Association** - [www.americanheart.org](http://www.americanheart.org) PH: 412-208-3550

Information about defects and/or heart related problems