



# SUPPORT GROUP LISTING FOR INDIANA COUNTY

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300 Indian Springs Road, Suite 203, Indiana, PA 15701

PH: 724-349-0500 Ext. 3 or TDD: 724-465-3805 or [mpounds@indianacountypa.gov](mailto:mpounds@indianacountypa.gov)

[www.humanservices-countyofindiana.org](http://www.humanservices-countyofindiana.org) \*\*all area codes are 724 unless otherwise noted  
**Human Services Information and Resources Dial 2-1-1 or go to [www.pa211sw.org](http://www.pa211sw.org)**

\*\*\*DUE TO COVID-19 PANDEMIC, SOME SUPPORT GROUPS MAY STILL BE SUSPENDED. PLEASE CALL TO CONFIRM GROUPS ARE AVAILABLE

EFFECTIVE  
August 2021

## ALCOHOL / DRUG / TOBACCO

### AL-ANON [www.pa-al-anon.org](http://www.pa-al-anon.org)

- ❖ Thurs- 7:00 pm; The Open Door
- ❖ Fri- 8pm; Marion Center Presbyterian Church (on the hill)

## ALCOHOLICS ANONYMOUS Updated list of meetings can be found

At [www.wpaarea60.org](http://www.wpaarea60.org)

### Indiana County Meetings

- ❖ Mon- 7:30 pm, The Open Door, Indiana
- ❖ Mon and Wed-7 pm; St. Thomas More Pavilion (May thru September)
- ❖ Thur-12 pm, CrossRoads Community Church, 272 S. Stewart St., Blairsville; 8 pm; Graystone Presbyterian Church, Indiana; 8 pm; Our Lady of the Assumption Church, Homer City
- ❖ Fri-Noon; The Open Door; 8 pm; Marion Center Presbyterian Church (on the Hill, Marion Center)
- ❖ Sat-10 am, The Open Door (Women); 8 pm, Indiana County Recovery Center, Indiana
- ❖ Sun-1 pm-The Open Door;

## ADDICTION & MENTAL HEALTH GROUP PH: 724-244-1701

Tues at 7 PM; Faith Alliance Church, Saltsburg

## CELEBRATE RECOVERY

A recovery ministry based on biblical principles centered through a 12 Step program. Some examples of recovery issues are: Codependency, chemically addicted, sexual addiction, eating disorders, anger issues, depression and/or loss,

\*\*\* **Homer City United Methodist Church** PH: 479-2015  
-Thurs, 6:15 pm to 9:30 pm; 6:15 pm-optional light meal and fellowship-\$4.50; 7:00 pm-Large Group Meeting; led by a pastor or a deacon; 8:00 pm-Newcomers meeting and Open Share Groups; 9:00 pm-Fellowship; childcare offered at no charge;  
12 Step study groups meet on different days.

\*\*\* **Word of Grace** PH: 541-4875  
-meets at the Word of Grace Fellowship, 603 S. 5<sup>th</sup> St., Indiana; Mondays; 6:00 pm -Service; Email: [jackiegreene01@gmail.com](mailto:jackiegreene01@gmail.com)

\*\*\* **Montgomery Church of the Brethren** PH: 254-9720 or  
[pastor@montgomerycob.com](mailto:pastor@montgomerycob.com); 5227 Purchase Line Road, Commodore; each Tues, 5:30 pm;

\*\*\***New Life Community Church,** [crindianamall@gmail.com](mailto:crindianamall@gmail.com)

2334 Oakland Ave., Indiana (In the Indiana Mall); each Friday, 6 pm to 8 pm

## CONNECT CHURCH RECOVERY PH: 840-8321

Provides Christ centered support and resources for recovery to those in addiction as well as their struggling families. A Certified Recovery Specialist is at each meeting along with representatives from community agencies and social service professionals available to assist in individuals in navigating their programs. Contact Bill at number above or at [connectrecovery@gmail.com](mailto:connectrecovery@gmail.com); Thurs at 6 pm; at Blairsville Connect Church.

## DRUG & ALCOHOL FAMILY EDUCATION SUPPORT GROUP

PH: 465-2605, ext 125; For individuals seeking to learn more about addiction and the impact addiction has on the family. Tues-6 pm - 7:30 pm at The Open Door; pre-registration is required (Call for status at this time)

## DUAL RECOVERY ANONYMOUS PH: 724-465-2605

Thur., 12 pm, at The Open Door, Indiana; For those with Mental/Social disorder and chemical dependency. (Call for status at this time)

## FAVOR (Faces and Voices of Recovery) Western PA. PH: 676-2111

At Bolivar Community Center, 736 Lincoln St., Bolivar, PA 15923 (Bottom floor of K&K Flowers and Coffeehouse);  
- **Family & Community Education**, 3<sup>rd</sup> Mon, 6:30 pm; at Faith Lutheran Church, 6810 Rt 22 Hwy E, Clyde; and on the 2nd Thur of month; 6:30 pm to 8:00 pm; at Indiana County Technology Center (during public school schedule); contact 724-676-2111 or Becky at 878-645-0777; " provide long term support services as well as promoting multiple Pathways for ALL; they heed to the voice of the stigmatized addict."

## INDIANA COUNTY RECOVERY CENTER PH: 717-6492

[www.indianacountyrecoverycenter.org](http://www.indianacountyrecoverycenter.org); A faith-based Recovery Community Organization (RCO), who provides strength-based Recovery Support Services to individuals, families, and communities. They aim to put a face and voice on recovery, and serve as a physical location where they can organize the local recovery community's ability to care and give back.

## NARCOTICS ANONYMOUS PH: 1-888-251-2426 [www.lmhana.com](http://www.lmhana.com)

Laurel Mountain Highlands Area Chapter of Narcotics Anonymous Referrals to meetings, services, agencies, etc.

\*\*\*Other meetings than listed below can be found at [www.theopendoor.org/support.html](http://www.theopendoor.org/support.html)

### Indiana Area Meetings (listing at [www.lmhana.com](http://www.lmhana.com))

- ❖ Mon-7 pm; Indiana County Recovery Center, Indiana
- ❖ Mon-7:30pm; Graystone Presbyterian Church, Indiana
- ❖ Tues-7pm; One Hope Church, 100 Ben Franklin Rd., Indiana
- ❖ Wed-7 pm; Hope Evangelical Lutheran Church, Homer City; (Open)
- ❖ Wed- 5:30 pm; Indiana County Recovery Center, Indiana
- ❖ Thurs- 7 pm; The Open Door (Open & ZOOM)
- ❖ Fri-8 pm; Indiana Alliance Church, Indiana; Fri- 9pm; Indiana County Recovery Center, Indiana
- ❖ Sat-12 Noon; The Open Door; (Open)
- ❖ Sat-7 pm; Indiana First Church of the Nazarene (Open)
- ❖ Sun-7pm; Zion Lutheran Church; (open)
- ❖ Sun- 10:30 am; 705 Gompers Ave., Indiana; (Open & ZOOM)

## NAR-ANON FAMILY SUPPORT GROUP [www.nar-anon.org](http://www.nar-anon.org)

Weds; 7:15 pm to 8:15 pm; at The Indiana County Recovery Center, Indiana; "Gardeners For Growth"; Have you been affected by a loved one's addictive drug use? Share your experience with others and find strength and hope and learn from one another on how to deal with the pain and heartbreak that comes with loving an addict; (Call 724-388-0324 at this time for meeting status)

## NARATEEN PH: 717-6492

1<sup>st</sup> and 3<sup>rd</sup> Sunday, 7 pm; at The Indiana County Recovery Center; Support for teenage family members and friends of addicts.

## RECOVERY N' MOTION PH: 463-9622

Promotes long-term recovery from substance use disorders through exercise, nutrition, education, advocacy and recovery support services, resulting in healthier individuals, families, and communities. Mon 5:15 pm-6:15 pm, 1<sup>st</sup>, 2<sup>nd</sup>, 4<sup>th</sup>, 5<sup>th</sup> Thurs 4:15 pm to 5:15 pm; in the gym for social distancing; all equipment sanitized between each use; FREE; Pre-register at the YMCA; Free childcare is available; ; 3<sup>rd</sup> Thurs, 4:15 pm; at the Indiana County Recovery Center, 574 Philadelphia Street, Indiana; Info at the YMCA or with Desiree at 724-762-2880.

## AGED ALZHEIMER'S SUPPORT

\*\*\* **Alzheimer Support Group** PH: 814-743-6613  
Sponsored by Embassy of Hillsdale Park; 1<sup>st</sup> Tues of the month; 6:00 pm; at the Church of the Resurrection Social Hall, 349 Morris Street, Clymer; contact Kim Neff for more info at above number or at [Marketing@ehhillsdalepark.net](mailto:Marketing@ehhillsdalepark.net)

**CAREGIVER'S SUPPORT GROUP** PH: 349-4500 or 1-800-442-8016  
Meets at Aging Services, Inc.; last Wed of the month at 2 pm; For caregivers of older adults. Call Melissa for more information

**NATIONAL ALZHEIMER'S ASSOCIATION** - Greater Pennsylvania Chapter; Referrals to meetings; on line support provided; PH: 1-800-272-3900

## BEREAVEMENT

**BEREAVEMENT SUPPORT OFFERED BY LOCAL FUNERAL HOMES:** Some offer specific support services to the families they serve; some offer support services to the general public; some offer meetings/others offer resources. Call to find out if their services can meet your needs.

- ❖ **BOWSER-MINICH BEREAVEMENT FUNERAL HOME,** Indiana; PH: 349-3100 or 1-888-923-5550

- ❖ **C. FREDERICK BOWESER FUNERAL HOME,** Homer City; PH: 479-9422
- ❖ **CURRAN FUNERAL HOME** Saltsburg; PH: 639-3911
- ❖ **JAMES F. FERGUSON FUNERAL HOME,** Blairsville; PH: 459-7611
- ❖ **JOHN A. LEFDAHL FUNERAL HOME,** Indiana; PH: 463-4499
- ❖ **MCCABE - ROOF FUNERAL HOME,** Clymer; PH: 254-2555
- ❖ **RAIRIGH-BENCE FUNERAL HOME,** Indiana and Clymer; PH: 349-2000
- ❖ **RAIRIGH FUNERAL HOME,** Hillsdale; PH: 814-743-6833
- ❖ **RICHARD SHOEMAKER FUNERAL,** Blairsville; PH: 459-9115
- ❖ **RICHARD C. STEWART FUNERAL HOME,** ARMAGH; PH: 814-446-6699
- ❖ **ROBINSON-LYTTLE, INC. FUNERAL HOME,** Indiana; PH: 349-9700

## EXCELA HEALTH CHILD AND ADULT GRIEF SUPPORT GROUPS

PH: 1-877-771-1234 -Sessions are currently offered online or via conference call. Call above number for more information.

**FAVOR (Faces and Voices of Recovery) Western PA**

**EMBRACING GRIEF SUPPORT GROUP**

In-person and Virtual meeting; 1<sup>st</sup> Mon; 6:30 pm; at Bolivar Community Center, 736 Lincoln St., Bolivar, PA (bottom floor of K&K Flowers and Coffeehouse; for anyone grieving the loss of a loved one; call or text Becky at 388-1124

**GRIEF SHARE**

724-463-8536, ext 13  
Grace United Methodist Church; Wednesdays, 6:15 pm meetings held at Grace in Ministries Building, 728 Church Street, Indiana; This is a support group for those experiencing grief. There are many forms of grief, and they care about your loss. No matter what stage of grief you are in, they hope you will join them. Contact Pastor Kathy Mihoerck at the number above or at [kmihoeck@indianagrace.org](mailto:kmihoeck@indianagrace.org)

**HEALING HEARTS INFANT BEREAVEMENT SUPPORT**

Meets on the 1<sup>st</sup> Tues of month; 7 pm to 9 pm; 5450 Second Ave., Pittsburgh; [healinghearts@cribsforkids.org](mailto:healinghearts@cribsforkids.org); RSVP; \*\*\*ALL meetings are virtual for foreseeable future

**HIGHMARK CARING PLACE** PH: 1-888-224-4673

620 Stanwix Street, Pittsburgh; For grieving children, adolescents, and families; offers support groups weekly or bi-weekly basis

**HOPEFUL HEARTS/A SERVICE OF CONCORDIA-IRMC VNA**

PH: 463-6340;

A child-focused, family bereavement support center. Hopeful Hearts provides peer support at no cost for all family members when someone close to the family has died. Families meet in the evenings, Sept thru May; every 2<sup>nd</sup> and 4<sup>th</sup> Tuesday of the month in a safe, caring and confidential environment. For more information about this program, or to see if services provided in person or virtual, call above number.

**PA TEARS FOUNDATION PREGNANCY AND INFANT LOSS SUPPORT GROUP**

meets virtually the 3<sup>rd</sup> Thurs of month; 7 pm to 8 pm; This group is for everyone who has suffered a loss of a baby. Anyone welcome to attend no matter how long ago your loss was or when it occurred. Call 724-961-9489 for more information. [www.thetearsfoundation.org/pennsylvania/](http://www.thetearsfoundation.org/pennsylvania/)

**FAMILY HOSPICE COPING WITH LOSS SUPPORT GROUP/A SERVICE OF CONCORDIA-IRMC VNA**

At Seventh Day Adventist Church, 1496 Indian Springs Road, Indiana; Group is open to all of those who are coping with grief and loss. Free and open to the community.

\* Afternoon - 3<sup>rd</sup> Tues of the month, 2:00 pm; Contact: Lori Parks, 762-3642

\*Evening -six consecutive sessions; 6 pm; contact Janice Starry for dates, time and other details; 463-8711

**FAMILY / PARENTING**

**ARMSTRONG INDIANA COMMUNITY CONNECTION GROUP**

PH: 548-3451 X605 or email [smontgomery@aimhmr.net](mailto:smontgomery@aimhmr.net)

Call for date; 6 pm to 8:30 pm; 120 South Grant Ave., Kittanning; This group supports family members and individuals with an Intellectual Disability and/or Autism. RSVP's required to above contact \*\*\*Suspended at this time due to COVID-19

**AUTISM SUPPORT GROUP OF INDIANA COUNTY**

Support for parents of children with autism via posts and live videos; For more info contact [dmhillard@gmail.com](mailto:dmhillard@gmail.com); or [www.facebook.com/Autismsupportgroupofindianaco](http://www.facebook.com/Autismsupportgroupofindianaco)

**GRANDPARENT'S SUPPORT GROUP** PH: 349-4500 OR 1-800-442-8016

Meets at Aging Services, Inc.; last Thurs of the month; at 2 pm; for grandparents raising their grandchildren. Call Melissa for more information.

**GRANDPARENTS SUPPORTING OTHERS -**

The Alice Paul House

PH: 349-4444

Call for date/time/location; This group was created to assist grandparents and caregivers acting as a parental figure in their grandchildren's lives. Through education, encouragement and discussion grandparents will be given the opportunity to support other grandparents in our community. \*\*\* On hold due to COVID-19.

**MEN'S ANGER GROUP** - Catholic Charities, Greensburg

7-8:30pm; PH: 463-8806 or 1-866-409-6455; Pre-registration/screening; call for meeting dates/times/status

**NURTURING PARENT PROGRAM**

PH: 463-8595

[www.carecenterofindianaco.org](http://www.carecenterofindianaco.org) The Care Center of Indiana County - General information on brain development, child development, empathy, feelings, stress, and discipline; call for time/location

**HEALTH & DISABILITIES**

**ARTHRITIS FOUNDATION OF WPA** PH: 1-800-283-7800;  
Information and support. [www.arthritis.org](http://www.arthritis.org)

**BRAIN INJURY ASSOCIATION OF PA**

PH: 1-800-444-6443

Resource Line

**BRAIN INJURY SUPPORT GROUP**

PH: 357-6902

IRMC; for those with brain injuries, and their family /friends; Call.

**COURAGE AND CANCER** PH: 463-8535

For anyone who is fighting cancer; 3 pm, 2nd Sunday; at Grace United Methodist Church, Indiana; confidential group; want everyone to feel safe to come for support; contact Pastor Kathy at number above.

**EPILEPSY EDUCATION & SUPPORT**

Pittsburgh Office: 1-800-361-5885; education and support; Support provided virtually at this time;

**ENCOMPASS HEALTH Rehabilitation Hospital of Harmarville**

<https://encompasshealth.com/locations/harmarvillerehab/our-programs> Offers these support groups: Amputee, Head Injury, Parkinson's, Spinal Cord, & Stroke

**HEARING LOSS ASSOCIATION OF PA**

[hlap.news@gmail.com](mailto:hlap.news@gmail.com)

❖ Pittsburgh Chapter #1 ; <https://hlaa-pa.org/WP/chapter-list/pittsburgh/>  
3<sup>rd</sup> Sat.-10am (not Jan, Feb, June, July, August and December)  
DePaul School for Hearing & Speech, 6202 Alder St., Pittsburgh

**HIV/AIDS SUPPORT GROUP** PH: 1-814-534-3032

For individuals living with or affected by HIV/AIDS. Contact Community Care Management for more information regarding times and locations of 21-22 Support group meetings.

**IRMC BREAST CANCER SUPPORT GROUP**

PH: 357-8081

IRMC; for individuals who have had breast cancer; Call for information.

**MYASTHENIA GRAVIS ASSOCIATION**

PH: 412-566-1545

Monthly face-to-face support group meetings; call for schedule; Virtual Support Group: [www.facebook.com/mgawpa](http://www.facebook.com/mgawpa)

**PARENTS OF CHILDREN WITH ASTHMA\***

PH: 772-1750 - Breathe PA;

**PARKINSON'S SUPPORT GROUP**, PH: 724-388-6894 or 814-421-3106

meets last Thurs of month; 2 pm; at the Saving Grace Church, Hospital Road, Indiana; provides support and information on how to access resources to assist those affected by Parkinson's; operate in conjunction with the Parkinson's Foundation of Western PA, meetings are open to individuals diagnosed with Parkinson's and their caregivers; no need to pre-register

**REACH TO RECOVERY - American Cancer Society;**

Newly diagnosed breast cancer patients receive support, information, and resources through visits and conversations with trained breast cancer survivors. \*\*\*Offered virtually. Call 1-800-227-2345.

**TOPS - TAKE OFF POUNDS SENSIBLY** - PH: Area Advocate: 814-243-7507

[www.tops.org](http://www.tops.org)

- ❖ Mon -5:15 pm weigh-in; 6:15pm meeting; Grace In Ministries Building, 728 Church Street, Indiana
- ❖ Mon-5:45 pm, weigh-in; 6:30 pm meeting; Purchase Line Methodist Church
- ❖ Fri- 8:00 am, weigh-in; -8:30 am, meeting; Basement, Clymer United Methodist Church

**WEIGHT WATCHERS** PH: 1-800-651-6000 or [www.weightwatchers.com](http://www.weightwatchers.com) (fee); Offering Virtual Workshops at this time.

**MENTAL HEALTH**

**COMMUNITY SUPPORT PROGRAM (CSP)** PH: 548-3451 or 349-3350

1st Thurs; 12:30 pm; Meeting virtually at this time

**CRITICAL INCIDENT STRESS DEBRIEFING TEAM** PH: 877-333-2470

For emergency services personnel (ambulance, fire, law enforcement and other responders); In debriefing, the team helps prevent the negative impact of acute stress and help in the recovery process. (meets every 6 weeks)

**SEXUAL ABUSE / DOMESTIC VIOLENCE / OTHER VIOLENT CRIMES - -**

**Alice Paul House, PO Box 417, Indiana**

PH: 349-4444 or 1-800-435-7249 (for children and adults)

LARGE PRINT AVAILABLE UPON REQUEST