



SUPPORT GROUP LISTING FOR INDIANA COUNTY

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PH: 724-349-0500 Ext. 3 or TDD: 724-465-3805 or mpounds@indianacountypa.gov

www.humanservices-countyofindiana.org **all area codes are 724 unless otherwise noted
Human Services Information and Resources Dial 2-1-1 or go to www.pa211sw.org

EFFECTIVE
July 2023

ALCOHOL / DRUG / TOBACCO

AL-ANON www.pa-al-anon.org
❖ Thurs- 7:00 pm; The Open Door

ALCOHOLICS ANONYMOUS Updated list of meetings can be found
At www.wpaarea60.org
Indiana County Meetings

- ❖ Mon- 7:30 pm, The Open Door, Indiana
- ❖ Tues-7 pm, (Women's), On-line only; <https://zoom.us/j/82760304671>;
8 pm, Indiana County Recovery Center, Indiana
- ❖ Wed-8 pm; St Thomas More University Parish's Pavilion, Indiana
- ❖ Thur- 8 pm; Graystone Presbyterian Church, Indiana
- ❖ Fri-Noon, The Open Door; 7 pm, Marion Center Presbyterian Church
(on the Hill, Marion Center); 8 pm, On-line only;
<https://zoom.us/j/437802388>
- ❖ Sat-10 am, (Women's) On-line only; <https://zoom.us/j/4378025388>; 8
pm, Indiana County Recovery Center, Indiana
- ❖ Sun-1 pm-The Open Door; 7:30 pm Christ Episcopal Church, Indiana

ADDICTION & MENTAL HEALTH GROUP PH: 244-1701
Tues at 7 pm to 8 pm; Faith Alliance Church, Saltsburg

**BLAIRSVILLE SUPPORT GROUP AGAINST DRUGS & BLAIRSVILLE
AREA REALITY TOUR** Bsgrad2017@gmail.com PH:724-388-1124

***Support Group: 1st Weds each month @5:30 pm; at Ravaila's
Restaurant, 59 W. Market St., Blairsville
***- Family/All Recovery, Education & Support, 1st Weds, 6:30 pm, at
Ravaila's Restaurant, 59 W. Market St., Blairsville; and the 2nd Thurs; 6:30
pm; at Indiana County Technology Center (during public school schedule)
*** Blairsville Reality Tour, 3rd Weds; 5:30 pm; at the Blairsville United
Methodist Church (basement), 50 S. Walnut St., Blairsville; (during public
school schedule)

CELEBRATE LIFE PH: 541-4875
Mon; 6 pm; 148 6th Street, Clymer; A Christ centered, biblically based
recovery journey for anyone with struggles, suffering and sorrows. Call or
Email Jackie at jackiegreene01@gmail.com for more information.

CELEBRATE RECOVERY
A recovery ministry based on biblical principles centered through a 12
Step program. Some examples of recovery issues are: Codependency,
chemically addicted, sexual addiction, eating disorders, anger issues,
depression and/or loss. 12 Step study groups meet on different days.
*** Dixonville Wesleyan Church PH: 254-1930
246 Purchase Line Road, Dixonville; each Tues, 5:30 pm;

***New Life Community Church, crindianamall@gmail.com
2334 Oakland Ave., Indiana (In the Indiana Mall); each Friday, 6 pm

CONNECT CHURCH RECOVERY PH: 459-6155
Each Thurs at 6 pm; at Blairsville Connect Church, 50 S. Walnut Street,
Blairsville; Provides Christ centered support and resources for recovery
to those in addiction as well as their struggling families.
connectblairsville@gmail.com

DRUG & ALCOHOL FAMILY EDUCATION SUPPORT GROUP
PH: 465-2605; For individuals seeking to learn more about addiction and
the impact addiction has on the family. Call The Open Door or visit
www.theopendoor.org for current day/time. Pre-registration required

FAVOR (Faces and Voices of Recovery) Western PA, PH: 676-2111
At Bolivar Community Center, 736 Lincoln St., Bolivar, PA (Bottom floor of
K&K Flowers and Coffeehouse); Provides long term support services and
multiple Pathways for ALL. info@favorwesternpa.org
- Family/All Recovery, Education & Support, Tuesdays at the Center, in
Bolivar (in-person or virtual), 6:30 pm; 2nd Mon, 6:30 pm, at New Florence
United Methodist Church, 200 9th Street, New Florence; 3rd Mon, 6:30 pm, at
Faith Lutheran Church, 6810 Rt 22 Hwy E, Clyde; 4th Weds, 6:30 pm; at
St. James Lutheran Church, Ligonier;
-Pathway Café Recovery Social, Thursdays, 6:30 pm; at The Bolivar
Center
- Offers Allegheny Health Network (AHN) inclusion health mobile addiction
recovery medicine, MAT treatment, HIV testing/treatment and STD
testing/treatment. Every other Wednesday- call Linda at 877-645-0781 or
the Center at 724-676-2111 for an appointment. Appointments are
required.

INDIANA COUNTY RECOVERY CENTER PH: 717-6492
www.indianacountyrecoverycenter.org; A faith-based Recovery Community
Organization (RCO), who provides strength-based Recovery Support Services to
individuals, families, and communities. They aim to put a face and voice on
recovery, and serve as a physical location where they can organize the local
recovery community's ability to care and give back.

NARCOTICS ANONYMOUS PH: 1-888-251-2426 www.lmhana.com
Laurel Mountain Highlands Area Chapter of Narcotics Anonymous
Referrals to meetings, services, agencies, etc.; ***Other meetings than listed
below can be found at www.theopendoor.org/support.html

Indiana Area Meetings (listing at www.lmhana.com)
❖ Mon-6 pm; Indiana County Recovery Center, Indiana
❖ Mon-7:30pm; Graystone Presbyterian Church, Indiana
❖ Tues-7pm; One Hope Church, 100 Ben Franklin Rd., Indiana
❖ Wed-7 pm; Hope Evangelical Lutheran Church, Homer City; (Open)
❖ Wed- 5:30 pm; Indiana County Recovery Center, Indiana
❖ Thurs- 7 pm; First Unitarian Universalist Church, Indiana
❖ Fri-6:30 pm; Indiana County Recovery Center, Indiana
8 pm; Indiana Alliance Church, Indiana
❖ Sat-12 Noon; The Open Door; (Open);
❖ Sat-7 pm; Indiana First Church of the Nazarene (Open)
❖ Sun-7pm; Zion Lutheran Church; (open)

NAR-ANON FAMILY SUPPORT GROUP www.nar-anon.org
Weds; 7:15 pm to 8:15 pm; at The Indiana County Recovery Center, Indiana;
"Gardeners For Growth"; Have you been affected by a loved one's addictive
drug use? Share your experience with others and find strength and hope and
learn from one another on how to deal with the pain and heartbreak that comes
with loving an addict; (Call 724-388-0324 at this time for meeting status); Zoom
option available

NARATEEN PH: 717-6492
1st and 3rd Sundays, 7 pm; at The Indiana County Recovery Center; Support for
teenage family members and friends of addicts. Zoom option available.

RECOVERY N' MOTION PH: 463-9622
Promotes long-term recovery from substance use disorders through exercise
and nutrition. Mon 6:30 pm; in the Group X Studio at the YMCA; Free; Pre-
register; Free childcare is available. Questions? Contact Stephanie.

**AGED
ALZHEIMER'S SUPPORT**
*** Alzheimer Support Group PH: 814-743-6613
Sponsored by Embassy of Hillsdale Park; 1st Tues of the month; 6:00 pm; at the
Church of the Resurrection Social Hall, 349 Morris Street, Clymer; contact Kim
Neff for more info at above number or at Marketing@ehhillsdalepark.net

CAREGIVER'S SUPPORT GROUP PH: 349-4500 or 1-800-442-8016
Meets at Aging Services, Inc.; last Wed of the month at 2 pm; For caregivers of
older adults. Call Melissa for more information

NATIONAL ALZHEIMER'S ASSOCIATION - Greater Pennsylvania Chapter;
Referrals to meetings; on line support provided; PH: 1-800-272-3900

**BEREAVEMENT
BEREAVEMENT SUPPORT OFFERED BY LOCAL FUNERAL HOMES:** Some
offer specific support services to the families they serve; some offer
support services to the general public; some offer meetings/others offer
resources. Call to find out if their services can meet your needs.

- ❖ **BOWSER-MINICH BEREAVEMENT FUNERAL HOME**, Indiana;
PH: 349-3100 or 1-888-923-5550
- ❖ **C. FREDERICK BOWSER FUNERAL HOME**, Homer City; PH: 479-9422
- ❖ **CURRAN FUNERAL HOME** Saltsburg; PH: 639-3911
- ❖ **JAMES F. FERGUSON FUNERAL HOME**, Blairsville; PH: 459-7611
- ❖ **JOHN A. LEFDAHL FUNERAL HOME**, Indiana; PH: 463-4499
- ❖ **MCCABE - ROOF FUNERAL HOME**, Clymer; PH: 254-2555
- ❖ **RAIRIGH-BENCE FUNERAL HOME**, Indiana and Clymer; PH: 349-2000
- ❖ **RAIRIGH FUNERAL HOME**, Hillsdale; PH: 814-743-6833
- ❖ **RICHARD SHOEMAKER FUNERAL**, Blairsville; PH: 459-9115
- ❖ **RICHARD C. STUART FUNERAL HOME**, ARMAGH; PH: 814-446-6699
- ❖ **BEREAVEMENT CONTINUED...**
- ❖ **ROBINSON-LYTTLE, INC. FUNERAL HOME**, Indiana; PH: 349-9700

EXCELA HEALTH CHILD AND ADULT GRIEF SUPPORT GROUPS
PH: (724) 689-1800-For information about grief support groups or the
Neighborhood Kids Program, call and ask for a Bereavement Counselor.

FAVOR (Faces and Voices of Recovery) WESTERN PA SHARING GRIEF SUPPORT GROUP PH: 840-9160
1st Mon; 6:30 pm; at Bolivar Community Center, 736 Lincoln St., Bolivar, (bottom floor of K&K Flowers and Coffeehouse); for anyone grieving the loss of a loved one;

GRIEF SHARE

This is a support group for those experiencing grief.
*****Grace Church** 724-463-8536, ext 13
Sun, 1 pm to 3 pm; confidential group; at Grace In Ministry Building, 728 Church Street, Indiana; There are many forms of grief, and they care about your loss. Pre-register at www.griefshare.org/findagroup or contact Pastor Kathy at the number above or at kmhoerck@indianagrace.org
*****GAP Ministries** PH: 541-4875
Offered on a 13-week cycle, two times per year; at 148 6th Street, Clymer; Call or Email Jackie at jackiegreene01@gmail.com for dates/times.

HEALING HEARTS INFANT BEREAVEMENT SUPPORT

1st Tues of month; 7 pm to 9 pm; 5450 Second Ave., Pittsburgh; healinghearts@cribsforkids.org; RSVP; ***ALL meetings are virtual for foreseeable future

HIGHMARK CARING PLACE PH: 1-888-224-4673

620 Stanwix Street, Pittsburgh; For grieving children, adolescents, and families; offers support groups weekly or bi-weekly basis

HOPEFUL HEARTS/A SERVICE OF CONCORDIA-IRMC VNA

PH: 463-6340
A child-focused, family bereavement support center. Program provides peer support at no cost for all family members when someone close to the family has died. Families meet in the evenings, Sept thru May; every 2nd and 4th Tuesday of the month in a safe, caring and confidential environment.

PA TEARS FOUNDATION PREGNANCY AND INFANT LOSS SUPPORT GROUP

meets virtually the 3rd Thurs of month; 8 pm; for everyone who has suffered a loss of a baby; Anyone welcome to attend no matter how long ago your loss was or when it occurred. Other groups for parents/grandparents offered. Call 724-961-9489 or go to www.thetearsfoundation.org/supportgroups/ for more information.

FAMILY HOSPICE COPING WITH LOSS SUPPORT GROUP/A SERVICE OF CONCORDIA-IRMC VNA

At Seventh Day Adventist Church, 1496 Indian Springs Road, Indiana; Group is open to all of those who are coping with grief and loss. Free and open to the community.
* Afternoon - 3rd Tues of the month, 2:00 pm; Contact: Lori Parks, 762-3642
*Evening -six consecutive sessions; 6 pm; contact Janice Starry for dates, time and other details; 463-8711

FAMILY / PARENTING

AUTISM SUPPORT GROUP OF INDIANA COUNTY

Support for parents of children with autism via posts and live videos; For more info contact jalrogers@hotmail.com or www.facebook.com/Autismsupportgroupofindianaco

DIVORCECARE SUPPORT GROUP

PH: 463-8535
6 pm; Thursdays; Call Grace Church, Indiana for dates/times. Register on-line at www.divorcecare.org. A safe place where you find healing from the pain of separation or divorce. At this 13-week, video-based support group program, you'll find helpful counsel to manage the emotional turmoil and practical tools for decision-making.

GRANDPARENT'S SUPPORT GROUP PH: 349-4500 OR 1-800-442-8016

Meets at Aging Services, Inc.; last Thurs of the month; at 2 pm; for grandparents raising their grandchildren. Call Melissa for more information.

MEN'S ANGER GROUP - Catholic Charities, Greensburg
7-8:30pm; PH: 837-1840 or 1-866-409-6455; Pre-registration/screening; call for meeting dates/times/status

NURTURING PARENT PROGRAM

PH: 463-8595
www.carecenterofindianaco.org The Care Center of Indiana County - Program for parents who want to build a healthy relationship with their children. Free; 12-week program, offered 4 times per year; Parents focus on building their child's self-esteem, making connections, communicating effectively, problem solving, and learning from their children. Program addresses attachment, empathy, nurturing parenting, gentle touch, discipline, feelings and expectations. Pre-register.

HEALTH & DISABILITIES

ARTHRITIS FOUNDATION OF WPA PH: 1-800-283-7800;
Information and support. www.arthritis.org

BRAIN INJURY ASSOCIATION OF PA

Resource Line PH: 1-800-444-6443

COURAGE AND CANCER

PH: 463-8535
Confidential support group for anyone who is fighting cancer; 3 pm, 2nd Sun; at Grace Church, Indiana; contact Pastor Kathy at number above, ext. 13.

EPILEPSY ASSOCIATION OF WESTERN AND CENTRAL PA

The Epilepsy Association of Western and Central PA On-Line Support Groups: All participants (old and new) will have to visit the link and register for support groups to receive reminders, access groups and enjoy connecting with friends. To register and to receive the on-line LINK, call Danielle at 1-717-730-6779 or email her at dlewis@eawcp.org.

HEARING LOSS ASSOCIATION OF PA

PH: 412-341-1111
hlap.news@gmail.com
❖ Pittsburgh Chapter #1; <https://hlaa-pa.org/WP/chapter-list/pittsburgh/>
3rd Sat.-10am (not Jan, Feb, June, July, August and December) DePaul School for Hearing & Speech, 6202 Alder St., Pittsburgh

HIV/AIDS SUPPORT GROUP

PH: 1-814-534-3032
For individuals living with or affected by HIV/AIDS. Contact Community Care Management for more information.

IRMC

www.irmc.org/calendar

-IRMC BARIATRIC SURGERY SUPPORT GROUP

PH: 349-3170
This group is designed to support any patient who has had bariatric surgery, any patient who is nearing surgery, or anyone serious about surgical weight loss.

-IRMC BREAST CANCER SUPPORT GROUP

PH: 357-8081
IRMC; for individuals who have had breast cancer; Call for information.

-IRMC DIABETES EDUCATION CENTER SUPPORT PROGRAM

PH: 357-7164
Diabetes support and related programs to help understand diabetes, weight loss, lowering your A1C, receiving tips on monitoring, medications and more. Group dates/times vary.

-IRMC WEIGHT LOSS SUPPORT GROUP

PH: 357-8088
Are you looking to stay on track with your weight loss goals, see how weight loss impacts your health or just need some extra support as you continue your weight loss journey? Meets monthly.

MYASTHENIA GRAVIS ASSOCIATION

PH: 412-566-1545
Offers an Educational/Support Group Series; 6 times per year; Virtual Support Group: www.facebook.com/mgawpa

PARKINSON'S SUPPORT GROUP, PH: 724-388-6894 or 814-421-3106

Last Thurs of month; 2 pm; at Saving Grace Church, Hospital Road, Indiana; provides support and information on how to access resources to assist those affected by Parkinson's; operate in conjunction with the Parkinson's Foundation of Western PA, meetings are open to individuals diagnosed with Parkinson's and their caregivers; no need to pre-register

REACH TO RECOVERY - American Cancer Society;

Newly diagnosed breast cancer patients receive support, information, and resources through visits and conversations with trained breast cancer survivors. ***Offered virtually. Call 1-800-227-2345.

TOPS - TAKE OFF POUNDS SENSIBLY - PH: Area Advocate: 814-243-7507

www.tops.org
❖ Mon -5:15 pm weigh-in; 6:15pm meeting; Grace In Ministries Building, 728 Church Street, Indiana
❖ Tues-3:00 pm, weigh-in; 3:30 pm meeting; Calvary United Methodist Church, Rossiter
❖ Fri- 8:00 am, weigh-in; -8:30 am, meeting; Basement, Clymer United Methodist Church

WEIGHT WATCHERS PH: 1-800-651-6000 or www.weightwatchers.com (fee); Offers in person and virtual workshops.

MENTAL HEALTH

COMMUNITY SUPPORT PROGRAM (CSP) PH: 814-270-7030 or 349-3350
1st Thurs; 1 pm; at the Indiana Borough Building, Council meeting room in the basement

CRITICAL INCIDENT STRESS MANAGEMENT TEAM PH: 1-877-333-2470 or 349-1428

For emergency services personnel (ambulance, fire, law enforcement and other responders); In debriefing, the team helps prevent the negative impact of acute stress and help in the recovery process.

SEXUAL ABUSE / DOMESTIC VIOLENCE / OTHER VIOLENT CRIMES - -

Alice Paul House, PO Box 417, Indiana
PH: 349-4444 or 1-800-435-7249 (for children and adults)

LARGE PRINT AVAILABLE UPON REQUEST