



# SUPPORT GROUP LISTING FOR INDIANA COUNTY

Published by Indiana County Department of Human Services  
300 Indian Springs Road, Suite 203, Indiana, PA 15701

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[www.humanservices-countyofindiana.org](http://www.humanservices-countyofindiana.org) \*\*all area codes are 724 unless otherwise noted  
**Human Services Information and Resources Dial 2-1-1 or go to [www.pa211sw.org](http://www.pa211sw.org)**

EFFECTIVE  
July 2023

## ALCOHOL / DRUG / TOBACCO

### AL-ANON [www.pa-al-anon.org](http://www.pa-al-anon.org)

- ❖ Thurs- 7:00 pm; Graystone Presbyterian Church, 640 Church Street, Indiana

### ALCOHOLICS ANONYMOUS Updated list of meetings can be found At [www.wpaarea60.org](http://www.wpaarea60.org)

#### Indiana County Meetings

- ❖ Mon- 7:30 pm, The Open Door, Indiana
- ❖ Tues- 7 pm, (Women's), On-line only; <https://zoom.us/j/82760304671>; 8 pm, Indiana County Recovery Center, Indiana
- ❖ Wed- 8 pm; St Thomas More University Parish's Pavilion, Indiana
- ❖ Thur- 8 pm; Graystone Presbyterian Church, Indiana
- ❖ Fri- Noon, The Open Door; 7 pm, Marion Center Presbyterian Church (on the Hill, Marion Center); 8 pm, On-line only; <https://zoom.us/j/437802388>
- ❖ Sat- 10 am, (Women's) On-line only; <https://zoom.us/j/4378025388>; 8 pm, Indiana County Recovery Center, Indiana
- ❖ Sun- 1 pm- The Open Door; 7:30 pm Christ Episcopal Church, Indiana

### ADDICTION & MENTAL HEALTH GROUP PH: 244-1701

Tues at 7 pm to 8 pm; Faith Alliance Church, Saltsburg

### BLAIRSVILLE SUPPORT GROUP AGAINST DRUGS & BLAIRSVILLE AREA REALITY TOUR [Bsgrad2017@gmail.com](mailto:Bsgrad2017@gmail.com) PH: 724-388-1124

\*\*\*Support Group: 1<sup>st</sup> Weds each month @5:30 pm; at Ravaila's Restaurant, 59 W. Market St., Blairsville  
 \*\*\*- Family/All Recovery, Education & Support, 1<sup>st</sup> Weds, 6:30 pm, at Ravaila's Restaurant, 59 W. Market St., Blairsville; and the 2<sup>nd</sup> Thurs; 6:30 pm; at Indiana County Technology Center (during public school schedule)  
 \*\*\* Blairsville Reality Tour, 3<sup>rd</sup> Weds; 5:30 pm; at the Blairsville United Methodist Church (basement), 50 S. Walnut St., Blairsville; (during public school schedule)

### CELEBRATE LIFE PH: 541-4875

Mon; 6 pm; 148 6<sup>th</sup> Street, Clymer; A Christ centered, biblically based recovery journey for anyone with struggles, suffering and sorrows. Call or Email Jackie at [jackiegreene01@gmail.com](mailto:jackiegreene01@gmail.com) for more information.

### CELEBRATE RECOVERY

A recovery ministry based on biblical principles centered through a 12 Step program. Some examples of recovery issues are: Codependency, chemically addicted, sexual addiction, eating disorders, anger issues, depression and/or loss. 12 Step study groups meet on different days.

\*\*\* Dixonville Wesleyan Church PH: 254-1930  
246 Purchase Line Road, Dixonville; each Tues, 5:30 pm;

\*\*\*New Life Community Church, [crindianamall@gmail.com](mailto:crindianamall@gmail.com)  
2334 Oakland Ave., Indiana (In the Indiana Mall); each Friday, 6 pm

### CONNECT CHURCH RECOVERY PH: 459-6155

Each Thurs at 6 pm; at Blairsville Connect Church, 50 S. Walnut Street, Blairsville; Provides Christ centered support and resources for recovery to those in addiction as well as their struggling families.

[connectblairsville@gmail.com](mailto:connectblairsville@gmail.com)

### DRUG & ALCOHOL FAMILY EDUCATION SUPPORT GROUP

PH: 465-2605; For individuals seeking to learn more about addiction and the impact addiction has on the family. Call The Open Door or visit [www.theopendoor.org](http://www.theopendoor.org) for current day/time. Pre-registration required

### FAVOR (Faces and Voices of Recovery) Western PA. PH: 676-2111

At Bolivar Community Center, 736 Lincoln St., Bolivar, PA (Bottom floor of K&K Flowers and Coffeehouse); Provides long term support services and multiple Pathways for ALL. [info@favorwesternpa.org](mailto:info@favorwesternpa.org)  
 - Family/All Recovery, Education & Support, Tuesdays at the Center, in Bolivar (in-person or virtual), 6:30 pm; 2<sup>nd</sup> Mon, 6:30 pm, at New Florence United Methodist Church, 200 9<sup>th</sup> Street, New Florence: 3<sup>rd</sup> Mon, 6:30 pm, at Faith Lutheran Church, 6810 Rt 22 Hwy E, Clyde; 4<sup>th</sup> Weds, 6:30 pm; at St. James Lutheran Church, Ligonier;  
 -Pathway Café Recovery Social, Thursdays, 6:30 pm; at The Bolivar Center  
 - Offers Allegheny Health Network (AHN) inclusion health mobile addiction recovery medicine, MAT treatment, HIV testing/treatment and STD testing/treatment. Every other Wednesday- call Linda at 877-645-0781 or the Center at 724-676-2111 for an appointment. Appointments are required.

**INDIANA COUNTY RECOVERY CENTER** PH: 717-6492  
[www.indianacountyrecoverycenter.org](http://www.indianacountyrecoverycenter.org); A faith-based Recovery Community Organization (RCO), who provides strength-based Recovery Support Services to individuals, families, and communities. They aim to put a face and voice on recovery, and serve as a physical location where they can organize the local recovery community's ability to care and give back.

**NARCOTICS ANONYMOUS** PH: 1-888-251-2426 [www.lmhana.com](http://www.lmhana.com)  
 Laurel Mountain Highlands Area Chapter of Narcotics Anonymous Referrals to meetings, services, agencies, etc.; \*\*\*Other meetings than listed below can be found at [www.theopendoor.org/support.html](http://www.theopendoor.org/support.html)

#### Indiana Area Meetings (listing at [www.lmhana.com](http://www.lmhana.com))

- ❖ Mon-6 pm; Indiana County Recovery Center, Indiana
- ❖ Mon-7:30pm; Graystone Presbyterian Church, Indiana
- ❖ Tues-7pm; One Hope Church, 100 Ben Franklin Rd., Indiana
- ❖ Wed-7 pm; Hope Evangelical Lutheran Church, Homer City; (Open)
- ❖ Wed- 5:30 pm; Indiana County Recovery Center, Indiana
- ❖ Thurs- 7 pm; First Unitarian Universalist Church, Indiana
- ❖ Fri-6:30 pm; Indiana County Recovery Center, Indiana
- ❖ 8 pm; Indiana Alliance Church, Indiana
- ❖ Sat-12 Noon; The Open Door; (Open);
- ❖ Sat-7 pm; Indiana First Church of the Nazarene (Open)
- ❖ Sun-7pm; Zion Lutheran Church; (open)

**NAR-ANON FAMILY SUPPORT GROUP** [www.nar-anon.org](http://www.nar-anon.org)  
 Weds; 7:15 pm to 8:15 pm; at The Indiana County Recovery Center, Indiana; "Gardeners For Growth"; Have you been affected by a loved one's addictive drug use? Share your experience with others and find strength and hope and learn from one another on how to deal with the pain and heartbreak that comes with loving an addict; (Call 724-388-0324 at this time for meeting status); Zoom option available

**NARATEEN** PH: 717-6492  
 1<sup>st</sup> and 3<sup>rd</sup> Sundays, 7 pm; at The Indiana County Recovery Center; Support for teenage family members and friends of addicts. Zoom option available.

**RECOVERY N' MOTION** PH: 463-9622  
 Promotes long-term recovery from substance use disorders through exercise and nutrition. Mon 6:30 pm; in the Group X Studio at the YMCA; Free; Pre-register; Free childcare is available. Questions? Contact Stephanie.

**AGED ALZHEIMER'S SUPPORT**  
 \*\*\* Alzheimer Support Group PH: 814-743-6613  
 Sponsored by Embassy of Hillsdale Park; 1<sup>st</sup> Tues of the month; 6:00 pm; at the Church of the Resurrection Social Hall, 349 Morris Street, Clymer; contact Kim Neff for more info at above number or at [Marketing@ehhillsdalepark.net](mailto:Marketing@ehhillsdalepark.net)

**CAREGIVER'S SUPPORT GROUP** PH: 349-4500 or 1-800-442-8016  
 Meets at Aging Services, Inc.; last Wed of the month at 2 pm; For caregivers of older adults. Call Melissa for more information

**NATIONAL ALZHEIMER'S ASSOCIATION** - Greater Pennsylvania Chapter; Referrals to meetings; on line support provided; PH: 1-800-272-3900

**BEREAVEMENT BEREAVEMENT SUPPORT OFFERED BY LOCAL FUNERAL HOMES:** Some offer specific support services to the families they serve; some offer support services to the general public; some offer meetings/others offer resources. Call to find out if their services can meet your needs.

- ❖ **BOWSER-MINICH BEREAVEMENT FUNERAL HOME**, Indiana; PH: 349-3100 or 1-888-923-5550
- ❖ **C. FREDERICK BOWSER FUNERAL HOME**, Homer City; PH: 479-9422
- ❖ **CURRAN FUNERAL HOME**, Saltsburg; PH: 639-3911
- ❖ **JAMES F. FERGUSON FUNERAL HOME**, Blairsville; PH: 459-7611
- ❖ **JOHN A. LEFDAHL FUNERAL HOME**, Indiana; PH: 463-4499
- ❖ **MCCABE - ROOF FUNERAL HOME**, Clymer; PH: 254-2555
- ❖ **RAIRIGH-BENCE FUNERAL HOME**, Indiana and Clymer; PH: 349-2000
- ❖ **RAIRIGH FUNERAL HOME**, Hillsdale; PH: 814-743-6833
- ❖ **RICHARD SHOEMAKER FUNERAL**, Blairsville; PH: 459-9115
- ❖ **RICHARD C. STUART FUNERAL HOME**, ARMAGH; PH: 814-446-6699
- ❖ **BEREAVEMENT CONTINUED...**
- ❖ **ROBINSON-LYTTLE, INC. FUNERAL HOME**, Indiana; PH: 349-9700

**EXCELA HEALTH CHILD AND ADULT GRIEF SUPPORT GROUPS**  
 PH: (724) 689-1800-For information about grief support groups or the Neighborhood Kids Program, call and ask for a Bereavement Counselor.

**FAVOR (Faces and Voices of Recovery) WESTERN PA SHARING GRIEF SUPPORT GROUP** PH: 840-9160  
1<sup>st</sup> Mon; 6:30 pm; at Bolivar Community Center, 736 Lincoln St., Bolivar, (bottom floor of K&K Flowers and Coffeehouse); for anyone grieving the loss of a loved one;

**GRIEF SHARE**

This is a support group for those experiencing grief.  
\*\*\***Grace Church** 724-463-8536, ext 13  
Sun, 1 pm to 3 pm; confidential group; at Grace In Ministry Building, 728 Church Street, Indiana; There are many forms of grief, and they care about your loss. Pre-register at [www.griefshare.org/findagroup](http://www.griefshare.org/findagroup) or contact Pastor Kathy at the number above or at [kmihoeck@indianagrace.org](mailto:kmihoeck@indianagrace.org)  
\*\*\***GAP Ministries** PH: 541-4875  
Offered on a 13-week cycle, two times per year; at 148 6<sup>th</sup> Street, Clymer; Call or Email Jackie at [jackiegreene01@gmail.com](mailto:jackiegreene01@gmail.com) for dates/times.

**HEALING HEARTS INFANT BEREAVEMENT SUPPORT**

1<sup>st</sup> Tues of month; 7 pm to 9 pm; 5450 Second Ave., Pittsburgh; [healinghearts@cribsforkids.org](mailto:healinghearts@cribsforkids.org); RSVP; \*\*\*ALL meetings are virtual for foreseeable future

**HIGHMARK CARING PLACE** PH: 1-888-224-4673

620 Stanwix Street, Pittsburgh; For grieving children, adolescents, and families; offers support groups weekly or bi-weekly basis

**HOPEFUL HEARTS/A SERVICE OF CONCORDIA-IRMC VNA**

PH: 463-6340  
A child-focused, family bereavement support center. Program provides peer support at no cost for all family members when someone close to the family has died. Families meet in the evenings, Sept thru May; every 2<sup>nd</sup> and 4<sup>th</sup> Tuesday of the month in a safe, caring and confidential environment.

**PA TEARS FOUNDATION PREGNANCY AND INFANT LOSS SUPPORT GROUP**

meets virtually the 3<sup>rd</sup> Thurs of month; 8 pm; for everyone who has suffered a loss of a baby; Anyone welcome to attend no matter how long ago your loss was or when it occurred. Other groups for parents/grandparents offered. Call 724-961-9489 or go to [www.thetearsfoundation.org/supportgroups/](http://www.thetearsfoundation.org/supportgroups/) for more information.

**FAMILY HOSPICE COPING WITH LOSS SUPPORT GROUP/A SERVICE OF CONCORDIA-IRMC VNA**

At Seventh Day Adventist Church, 1496 Indian Springs Road, Indiana; Group is open to all of those who are coping with grief and loss. Free and open to the community.  
\* Afternoon - 3<sup>rd</sup> Tues of the month, 2:00 pm; Contact: Lori Parks, 762-3642  
\*Evening -six consecutive sessions; 6 pm; contact Janice Starry for dates, time and other details; 463-8711

**FAMILY / PARENTING**

**AUTISM SUPPORT GROUP OF INDIANA COUNTY**

Support for parents of children with autism via posts and live videos; For more info contact [jalrogers@hotmail.com](mailto:jalrogers@hotmail.com) or [www.facebook.com/Autismsupportgroupofindianaco](http://www.facebook.com/Autismsupportgroupofindianaco)

**DIVORCECARE SUPPORT GROUP**

PH: 463-8535  
6 pm; Thursdays; Call Grace Church, Indiana for dates/times. Register on-line at [www.divorcecare.org](http://www.divorcecare.org). A safe place where you find healing from the pain of separation or divorce. At this 13-week, video-based support group program, you'll find helpful counsel to manage the emotional turmoil and practical tools for decision-making.

**GRANDPARENT'S SUPPORT GROUP** PH: 349-4500 OR 1-800-442-8016

Meets at Aging Services, Inc.; last Thurs of the month; at 2 pm; for grandparents raising their grandchildren. Call Melissa for more information.

**MEN'S ANGER GROUP** - Catholic Charities, Greensburg  
7-8:30pm; PH: 837-1840 or 1-866-409-6455; Pre-registration/screening; call for meeting dates/times/status

**NURTURING PARENT PROGRAM**

PH: 463-8595  
[www.carecenterofindianaco.org](http://www.carecenterofindianaco.org) The Care Center of Indiana County - Program for parents who want to build a healthy relationship with their children. Free; 12-week program, offered 4 times per year; Parents focus on building their child's self-esteem, making connections, communicating effectively, problem solving, and learning from their children. Program addresses attachment, empathy, nurturing parenting, gentle touch, discipline, feelings and expectations. Pre-register.

**HEALTH & DISABILITIES**

**ARTHRITIS FOUNDATION OF WPA** PH: 1-800-283-7800;  
Information and support. [www.arthritis.org](http://www.arthritis.org)

**BRAIN INJURY ASSOCIATION OF PA**

Resource Line PH: 1-800-444-6443

**COURAGE AND CANCER**

PH: 463-8535  
Confidential support group for anyone who is fighting cancer; 3 pm, 2nd Sun; at Grace Church, Indiana; contact Pastor Kathy at number above, ext. 13.

**EPILEPSY ASSOCIATION OF WESTERN AND CENTRAL PA**

The Epilepsy Association of Western and Central PA On-Line Support Groups: All participants (old and new) will have to visit the link and register for support groups to receive reminders, access groups and enjoy connecting with friends. To register and to receive the on-line LINK, call Danielle at 1-717-730-6779 or email her at [dlewis@eawcp.org](mailto:dlewis@eawcp.org).

**HEARING LOSS ASSOCIATION OF PA**

PH: 412-261-1111  
hlap.news@gmail.com  
❖ Pittsburgh Chapter #1; <https://hlaa-pa.org/WP/chapter-list/pittsburgh/>  
3<sup>rd</sup> Sat.-10am (not Jan, Feb, June, July, August and December) DePaul School for Hearing & Speech, 6202 Alder St., Pittsburgh

**HIV/AIDS SUPPORT GROUP**

PH: 1-814-534-3032  
For individuals living with or affected by HIV/AIDS. Contact Community Care Management for more information.

**IRMC**

[www.irmc.org/calendar](http://www.irmc.org/calendar)

**-IRMC BARIATRIC SURGERY SUPPORT GROUP**

PH: 349-3170  
This group is designed to support any patient who has had bariatric surgery, any patient who is nearing surgery, or anyone serious about surgical weight loss.

**-IRMC BREAST CANCER SUPPORT GROUP**

PH: 357-8081  
IRMC; for individuals who have had breast cancer; Call for information.

**-IRMC DIABETES EDUCATION CENTER SUPPORT PROGRAM**

PH: 357-7164  
Diabetes support and related programs to help understand diabetes, weight loss, lowering your A1C, receiving tips on monitoring, medications and more. Group dates/times vary.

**-IRMC WEIGHT LOSS SUPPORT GROUP**

PH: 357-8088  
Are you looking to stay on track with your weight loss goals, see how weight loss impacts your health or just need some extra support as you continue your weight loss journey? Meets monthly.

**MYASTHENIA GRAVIS ASSOCIATION**

PH: 412-566-1545  
Offers an Educational/Support Group Series; 6 times per year; Virtual Support Group: [www.facebook.com/mgawpa](http://www.facebook.com/mgawpa)

**PARKINSON'S SUPPORT GROUP**, PH: 724-388-6894 or 814-421-3106

Last Thurs of month; 2 pm; at Saving Grace Church, Hospital Road, Indiana; provides support and information on how to access resources to assist those affected by Parkinson's; operate in conjunction with the Parkinson's Foundation of Western PA, meetings are open to individuals diagnosed with Parkinson's and their caregivers; no need to pre-register

**REACH TO RECOVERY - American Cancer Society**;

Newly diagnosed breast cancer patients receive support, information, and resources through visits and conversations with trained breast cancer survivors. \*\*\*Offered virtually. Call 1-800-227-2345.

**TOPS - TAKE OFF POUNDS SENSIBLY** - PH: Area Advocate: 814-243-7507

[www.tops.org](http://www.tops.org)  
❖ Mon -5:15 pm weigh-in; 6:15pm meeting; Grace In Ministries Building, 728 Church Street, Indiana  
❖ Tues-3:00 pm, weigh-in; 3:30 pm meeting; Calvary United Methodist Church, Rossiter  
❖ Fri- 8:00 am, weigh-in; -8:30 am, meeting; Basement, Clymer United Methodist Church

**WEIGHT WATCHERS** PH: 1-800-651-6000 or [www.weightwatchers.com](http://www.weightwatchers.com) (fee); Offers in person and virtual workshops.

**MENTAL HEALTH**

**COMMUNITY SUPPORT PROGRAM (CSP)** PH: 814-270-7030 or 349-3350  
1st Thurs; 1 pm; at the Indiana Borough Building, Council meeting room in the basement

**CRITICAL INCIDENT STRESS MANAGEMENT TEAM** PH: 1-877-333-2470 or 349-1428

For emergency services personnel (ambulance, fire, law enforcement and other responders); In debriefing, the team helps prevent the negative impact of acute stress and help in the recovery process.

**SEXUAL ABUSE / DOMESTIC VIOLENCE / OTHER VIOLENT CRIMES - -**

**Alice Paul House, PO Box 417, Indiana**  
PH: 349-4444 or 1-800-435-7249 (for children and adults)

LARGE PRINT AVAILABLE UPON REQUEST