



## WHERE TO TURN FOR HELP IN INDIANA COUNTY

Published by Indiana County Department of Human Services

300 Indian Springs Road, Suite 203, Indiana, PA 15701

724-349-0500, ext. 3 or TDD: 724-465-3805 or [mpounds@indianacountypa.gov](mailto:mpounds@indianacountypa.gov)

Human Services Information and Resources Dial 2-1-1 or go to [www.pa211sw.org](http://www.pa211sw.org)

**LARGE PRINT AVAILABLE UPON REQUEST** [www.humanservices-countyofindiana.org](http://www.humanservices-countyofindiana.org) \*\* area codes are 724 unless otherwise noted

**EFFECTIVE**

**July  
2023**

### AGING SERVICES

- accessAbilities, Inc. – 832-8272
- Alzheimer's Association, Greater PA Chapter – 1-800-272-3900
- Aging Services, Inc. – 349-4500 or 1-800-442-8016
- IRMC Behavioral Health Services - 357-7404

### ALCOHOL/DRUG ABUSE/PREVENTION EDUCATION

- AA Meetings- [www.wpaarea60.org](http://www.wpaarea60.org)
- Armstrong-Indiana-Clarion Drug & Alcohol Commission, Inc. – 463-7860; Education/Prevention Programs- -354-2746
- ARC Manor – 548-7607 or 1-800-323-1333
- ARIN IU 28 Underage Users Group – 463-5300, ext 1211
- Conewago Indiana, Adult Residential Treatment Program- 724-471-3037 or 1-888-347-3873
- F.A.V.O.R. Western PA RCO – 724-676-2111
- Indiana County Recovery Center – 717-6492
- Laurel Mountain Highlands Area Chapter of Narcotics Anonymous - 1-888-251-2426; or [www.lmhana.com](http://www.lmhana.com)
- New Way of Life Men's Halfway House - 471-1254; Admissions- 1-888-347-3873
- The Open Door – 465-2605
- Spirit Life – 465-2165

### BUDGETING

- Advantage Credit Counseling Service (Phone or In-Person Counseling Session) 1-866-699-2227
- Family Promise/Financial Literacy Classes-464-5220

### CHILDREN, YOUTH SERVICES

- accessAbilities, Inc. – 832-8272
- Adelphi Village – 804-7000; Adelphi Education in Indiana – 463-1456
- Almost Home Day Care – Marion Center: 397-2220;
- ARIN IU 28/Evergreen After School Club in Indiana County- 463-5300
- Armstrong-Indiana Behavioral & Developmental Health Program- Ages Birth-3 Early Intervention (EI) Services- 548-3451; EI Referrals-CONNECT Helpline at 1-800-692-7288
- Beacon Day Care – 349-0234
- Big Hearts Little Hands (Mentoring) – 463-9622
- Boy Scouts of America/Laurel Highlands Council - 1-814-471-1090
- Care Center of Indiana County – 463-8595
- Community Guidance Center – 465-5576
- Early Learning Resource Center (CCW and Keystone STARS) 1-888-864-1654 or 285-9431
- Grand Beginnings Children's Center East- 463-1819; West- 463-1984
- Great Expectations Child Care Center- 459-6800
- Family Behavioral Resources – 465-0369
- Family Psychological Associates- 349-6320
- Highmark Caring Place: A Center for Grieving Children, Adolescents, and their Families – 1-888-224-4673
- Hopeful Hearts/A Service of Concordia-IRMC VNA – Child-focused grief support – 463-6340
- Indiana County Children & Youth Services – 465-3895
- **After hours/Emergency – 911**
  - Childline – 1-800-932-0313
- Indiana County Head Start (3-5 years) – 349-6200 or 1-877-346-3023
  - Early Head Start – (Pregnancy to 3 years)
- Indiana County YMCA – 463-9622

- Indi Kids – 349-1821
- IUP Child Study Center – 357-2445
- Jens Group Day Care – 464-9500
- JusticeWorks YouthCare – 672-0878
- Keys Montessori School - 349-5680
- Lifesteps - Child Check- 1-800-225-2010
- Lolás Early Care & Education Center – 237-1649
- Merakey- 349-2451
- New Story Schools & Services- 463-5390
- Penn State Cooperative Extension - 465-3880
  - 4-H Clubs (children ages 5-18)
- Special Olympics Armstrong/Indiana Counties- 814-441-7981
- Stay N Play Day Care, Homer City – 479-2120
- Stay N Play Day Care – Indiana - 465-5683

### CLOTHING

- First Methodist Church, Marion Center- 397-5517
- Jacksonville Presbyterian Church- 724-726-8895
- Life-Way Family and Pregnancy Support - 349-5307 or 1-866-549-6636
- My Best Friend's Closet, Saltsburg United Methodist Church – 639-9454

### COUNSELING/SUPPORT

- ARC Manor (drug/alcohol) - 548-7607 or 1-800-323-1333
- Alice Paul House (APH) Trauma Focused empowerment counseling – 349-4444 or 1-800-435-7249
- Armstrong-Indiana Behavioral and Developmental Health Program – 548-3451 or 349-3350
  - > Crisis Hotline 1-877-333-2470
- Catholic Charities – 837-1840
- Care Center of Indiana County – 463-8595
- Center for Independent Living of South-Central PA - Voice/TTY – 1-814-949-1905 or 1-800-237-9009
- Community Guidance Center - 465-5576
- Community Psychiatric Centers-850-7200
- Family A.C.T.S., Inc – 763-7600
- Family Behavioral Resources – 465-0369
- Family Psychological Associates – 349-6320
- Highmark Caring Place (for Grieving Children/Families) – 1-888-224-4673
- Hopeful Hearts/A Service of Concordia-IRMC VNA– Child-focused grief support – 463-6340
- **Indiana County Recovery Center – 717-6492**
- IRMC Behavioral Health Services – 357-7404
- IUP Center for Applied Psychology - 357-6228
- Life-Way Family and Pregnancy Support-349-5307 or 1-866-549-6636
  - Merakey – 349-2451
- The Open Door – 465-2605
  - 24 Hour Crisis Services- 1-877-333-2470
    - Alcohol, Other Drug, Gambling Intervention & Outpatient Treatment
- Spirit Life (drug/alcohol) – 465-2165

### EDUCATION/ EDUCATIONAL INFORMATION

- Adelphi Education in Indiana – 463-1456
- Alice Paul House – Prevention Education & Awareness Programming - 349-4444 or 1-800-435-7249
- American Red Cross of Chestnut Ridge – 465-5678
- The Arc of Indiana County – 349-8230
  - Special Education Advocate
- ARIN IU 28 – 463-5300
  - > ARIN Center of Education, ext. 2307
    - Adult Education Classes/Literacy/Tutoring - (ABE/GED/ESL)

ARIN IU 28 Continued...

- Early Intervention Services (ages 3-5), ext 1222
- Education for Children and Youth Experiencing Homelessness Program, ext. 1203
- School and Community Services, ext 1202
  - PPT – Pregnant & Parenting Teen
  - Underage Users Group, ext 1211
- Special Education Programs & Services, ext 1246
- Care Center of Indiana County (Parent Ed.) – 463-8595
- Human Services Information – 349-0500, ext. 3
- Indiana Co. Head Start (3-5 years) – 349-6200 or 1-877-346-3023
  - Early Head Start (Pregnancy to 3 years)
- Indiana Co. Technology Center – 349-6700
  - Adult Education
  - School of Practical Nursing
- Indi Kids – 349-1821
- IUP Child Study Center – 357-2445
- Lifesteps – Family Care Mobile Library – 349-1122
- Lolás Early Care & Education Center- 237-1649
- New Story School (for children with autism)- 463-9841
- Office of Vocational Rehabilitation - 1-814-255-6771 or 1-800-762-4223 or TTY: 1-866-862-6891
- Penn State Cooperative Extension - 465-3880; TDD: 465-3805
  - Agriculture/Natural Resources
  - 4-H programs (children 5-18)
  - Consumer Education
- School of Graduate Studies and Research (IUP) – 357-4511
- The Salvation Army Tutoring Program - 465-2530
- Westmoreland County Community College Indiana Center 357-1404 or 1-800-262-2103 ext. 5939

### EMPLOYMENT TRAINING/ EMPLOYMENT COUNSELING

- AARP Sr. Employment Program 412-271-1580
- Community Living & Learning, Inc.- 349-1420
  - Adult Training Facility (ATF) (Prevocational Training)
- Epilepsy Association Western/Central PA - 1-800-361-5885
- Gatehouse Program of Spina Bifida Association of WPA (for persons with disabilities) – 934-9600
- ICW Vocational Services, Inc.
  - Workshop – 349-1211
  - Employment Services – 349-4143 (supported employment)
- Indiana County Technology Center - 349-6700
  - Adult Education
  - School of Practical Nursing
  - Lifesteps Employment Services – 357-9337
- Office of Vocational Rehabilitation 1-814-255-6771 or 1-800-762-4223 or TTY: 1-866-862-6891
- PA CareerLink®, Indiana County – 471-7220 or TTY: 471-7221
  - Indiana County Career TRACK # above or 1-888-479-9494
  - Tri-Co WIB (welfare to work programs) 471-7220
- Pathstone – (55+) 724-465-4171

- Veterans Leadership Program of W. PA Career Advisor- 1-814-622-2422 or 1-844-857-8387
- Westmoreland County Community College Indiana Center 357-1404 or 1-800-262-2103 ext. 5939

## **FOOD**

- Chevy Chase Center - 463-0674
- ICCAP – 465-2657 or 463-7440
- Indiana Co. Assistance Office - 357-2900 or 1-800-742-0679
- The Salvation Army – 465-2530
- Women, Infants, and Children Supplemental Nutrition Program (WIC) - 1-866-942-2778 (for current participants); - 1-800-215-7494 for information

## **FUEL/UTILITY**

- Catholic Charities Helpline - 1-866-409-6455
- ICCAP – 465-2657
- Indiana County Assistance Office - 357-1917
- The Salvation Army- 465-2530

## **HEALTH / MEDICAL CARE/EDUCATIONAL INFORMATION**

- accessAbilities, Inc. – 832-8272
- Adagio Health – 349-2022
  - Gynecological Care/STD Testing men & women
  - WIC (Women, Infants & Children Supplemental Nutrition Program) – 1-866-942-2778 or 1-800-215-7494 for info.
- Alzheimer’s Association, Greater PA Chapter - 1-800-272-3900
- American Cancer Society - 1-800-227-2345
- American Diabetes Association - 1-800-342-2383
- American Heart Association – 412-208-3550
- American Lung Association of PA - 1-800-LUNG-USA (586-4872) or 1-610-268-9790
- American Parkinson’s Disease Association - 1-800-223-2732
- American Red Cross of Chestnut Ridge (Health & Safety Training & Certification) – 1-800-733-2767
- Anew Home Health Agency – 465-9224
- Arthritis Foundation – 1-800-283-7800
- Breathe PA - 772-1750 or breathepa.org
- Community Resources for Independence- 349-0201
- Concordia-IRMC VNA – 463-6340
- Conemaugh Home Health Agency - 1-814-472-4521
- Conemaugh Regional Hospice - 1-814-534-6100
- Elks Home Service Program – 545-9150 (Case Management and Advocacy)
- Epilepsy Association Western/Central PA 1-800-361-5885
- Family Hospice, A Service of Concordia-IRMC VNA - 463-8711
- Heritage Home Health Agency- 465-0440
- HIV/Aids services: Community Care Management – 814-534-3032 or 1-866-429-1583
- Indiana County Assistance Office -357-2900 or 1-800-742-0679
- Indiana Regional Medical Center
  - Birth and Family Programs – 357-7496
  - Case Management Dept. - 357-7070
  - Diabetes Program - 357-7164
  - Institute for Healthy Living – 349-1952
  - OB GYN Services – 888-452-4762
- IUP Speech, Language & Hearing Clinic – 357-2451
- Leukemia & Lymphoma Society – 1-800-955-4572 or 412-395-2873
- Lupus Foundation of America, Philadelphia Tri-State Chapter- 1-866-517-5070
- March of Dimes Western PA – 1-888-663-4637
- Medi Home Health Agency – 349-9400
- Multiple Sclerosis, National- 1-800-344-4867
- Muscular Dystrophy Association – 800-572-1717
- Myasthenia Gravis Association – 1-412-566-1545

- National Kidney Foundation Serving the Alleghenies – 1-412-261-4115
- PA Association for the Blind, Indiana County Division, Westmoreland County Blind Association – 397-4054
- PA’s Children’s Health Insurance Program (CHIP) 1-800-986-5437
- PA Department of Health – 357-2995
- Penn Highlands Dubois Home Health & Hospice – 1-800-841-9397
- Primary Health Network/Indiana Dental Center – 465-6100/Jacksonville Family Medicine – 726-0300
- Spina Bifida Association of WPA – 934-9600

## **HOUSING / SHELTER**

- Alice Paul House- Shelter for Domestic Violence, Sexual Assault and other Serious Crime – 349-4444 or 1-800-435-7249
- Family Promise of Indiana County – 464-5220
- Housing Authority of Indiana County - 463-4730
- I&A Residential Services, Inc. – 463-7830
- ICCAP – 465-2657
  - HEMAP, Housing Assistance, Housing Counseling, Housing for Disabled, Home Buyer Seminars, Behavioral Health Housing Liaison
- ICCAP / Pathway Shelter - 248-9555 or 465-2657
- Indiana County Office of Planning & Development (Fair Housing Advocate, Rehab, Homeownership, and Building Permits) – 465-3870
- Rural Development – 482-4800, ext 4
- Veterans Community Gardens – 814-948-4444
- Veterans Leadership Program of W. PA Housing Services Coordinator-1-814-343-1155 or 1-844-857-8387

## **LEGAL**

- Summit Legal Aid – 1-800-846-0871

## **MENTAL HEALTH / DEVELOPMENTAL DISABILITIES**

- accessAbilities, Inc. – 832-8272
- Arc of Indiana County– 349-8230
- Armstrong-Indiana Behavioral and Developmental Health Program - 548-3451 or 349-3350
- Community Guidance Center - 465-5576
- Community Living & Learning, Inc. - 349-1420
  - Residential and Day Program Services
- Community Psychiatric Centers-850-7200
- Elks Home Service Program– 545-9150 (Case Management and Advocacy)
- Family Behavioral Resources – 465-0369
- Family Psychological Associates– 349-6320
- I&A Residential Services, Inc. - 463-7830
- ICW Vocational Services, Inc.
  - Workshop – 349-1211
  - Employment Services – 349-4143
- IRMC Behavioral Health Services – 357-7404
- IUP Center for Applied Psychology - 357-6228
- Lifesteps Community Outreach Center – 349-1122
- Merakey – 349-2451
- New Beginnings Drop In Center- 465-6510
- New Story Schools & Services - 463-5390
- The Open Door – 24 Hour Crisis Services– 1-877-333-2470

## **MONEY / INCOME**

- Domestic Relations – 465-3940
- Indiana County Assistance Office - 357-2900 or 1-800-742-0679
- Indiana County Unemployment Compensation Center – Initial Claims-599-1250 or 1-888-313-7284; Continued Claims- 599-1004 or 1-888-255-4728
- Indiana County Veterans Affairs- 465-3815
- Social Security Administration- 1-877-405-7679 (local) or 1-800-772-1213 (National); [www.ssa.gov](http://www.ssa.gov)

## **PREGNANCY**

- Adagio Health –
  - WIC (Women, Infants & Children Supplemental Nutrition Program) – 1-866-942-2778 (current participants) or 1-800-215-7494 for info
- ARIN – Pregnant & Parenting Teens- 463-5300, ext 1211
- Indiana Regional Medical Center
  - OB GYN Services – 888-452-4762
  - Birth and Family Programs -357-7496
- Life-Way Family and Pregnancy Support – 349-5307 or 1-866-549-6636
- March of Dimes Western PA – 1-888-663-4637

## **PROTECTIVE SERVICES**

- Aging Services, Inc. – 349-6190 or **After hours/emergency – 911 or 1-800-490-8505**
- Alice Paul House – Legal and Medical Advocacy - 349-4444 or 1-800-435-7249
- Care Center of Indiana County – 463-8595
- Indiana County Children & Youth Services – 465-3895
  - Childline– 1-800-932-0313
  - **After hours/emergency – 911**
- Summit Legal Aid – 1-800-846-0871

## **RECREATION / SOCIALIZATION**

- Aging Services, Inc. - 349-4500 or 1-800-442-8016
- ARIN IU 28/Evergreen After School Club in Indiana County - 463-5300
- Boy Scouts of America/Laurel Highlands Council - 1-814-471-1090
- Camp Orenda – 465-7732
- Girl Scouts Western Pennsylvania – 1-800-248-3355
- Indiana County YMCA – 463-9622
- Penn State Cooperative Extension - 465-3880
  - 4-H Clubs (children ages 5-18)
- Special Olympics PA-Armstrong/Indiana Counties – 814-441-7981

## **TRANSPORTATION**

### ***\*\* Reimbursement program***

- Aging Services, Inc. – 349-4500
- Citizens’ Ambulance Service - 349-5527 or 1-877-349-5529
- Health Ride Plus – 1-888-661-7587
- rabbitransit- Medical Assistance Transportation Program\*\* - 1-800- 524-2766;
- IndiGO/Indiana Co. Transit Authority – 465-2140 or 1-800-442-6928 - shared ride for persons with disabilities (PWD)
- Indiana County Veterans Affairs - 465-3815
- Med Van – 1-888-633-9995

## **VETERANS**

- PA CareerLink®, Indiana County – 471-7234
- Indiana County VA Outpatient Clinic – 349-8900
- Indiana County Veterans Affairs - 465-3815
- Veterans Leadership Program of WPA – 1-844-857-8387

## **VOLUNTEERING**

- American Red Cross of Chestnut Ridge -465-5678
- Pennsylvania Mountain Service Corps/AmeriCorps – 1-814-472-7690
- AmeriCorps Seniors (RSVP) – 1-814-226-4785 or 1-800-997-7661, ext 104
- Office of Service Learning – IUP - 357-2598
- Volunteer Center of Indiana County - 463-8200, ext. 3